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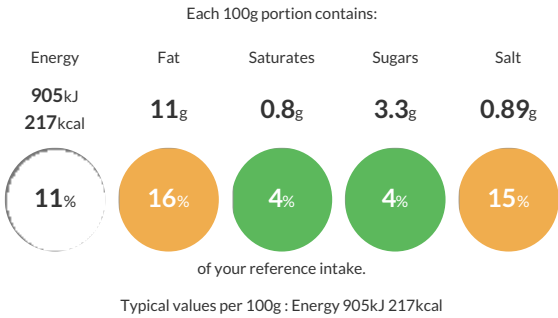
## Love Fresh Mediterranean Style Couscous

Short Product Name:  
Mediterranean Style Couscous

Israeli couscous with chickpeas, sultanas, apricots, red peppers & spices in a chilli & herb vinaigrette

Traded Unit GTIN: 5060048648454 Internal GTIN: 5024333173557 Supplier : Brake Bros Ltd Suppliers Product Code : 74782

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	905kJ 217kCal
Carbohydrates	24g
of which sugars	3.3g
Fat	11g
of which saturates	0.8g
Fibre	1.2g
Protein	3.8g
Salt	0.89g

### Allergy Information

Key: Contains May Contain



Contains Cereal/Gluten



Does Not Contain Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Contains Mustard



Does Not Contain Fish



Does Not Contain Lupin



Does Not Contain Sesame



Does Not Contain Celery



Does Not Contain Soya



Does Not Contain Molluscs



Does Not Contain Sulphur Dioxide

### Dietary Information

Key: Suitable for



Suitable for Vegetarian



Suitable for Vegan



May not be suitable for Kosher



May not be suitable for Halal



May not be suitable for Coeliac

### Ingredients

Cooked Couscous (Water, Durum **WHEAT** Semolina), Salad Dressing (Water, Rapeseed Oil, Spirit Vinegar, Sugar, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Chickpeas, Curry Paste (Water, Spices (Coriander, **MUSTARD**, Turmeric, Paprika, Fenugreek, Ginger, Cumin, Black Pepper, Clove), Rapeseed Oil, Spirit Vinegar, Yeast Extract, Garlic Powder, Onion Powder, Sage, Colour (Lutein Extract))), Sultanas, Apricot, Dried Red Pepper, Spring Onion, Green Chilli, Salt, Garlic Puree, Cumin, Parsley, Pepper.