Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

100051 12 August 2025 12 August 2025 8f9edd5399104a19a3d8c18fdc7e277b



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Wessex Ham 90% (500g sliced) with added water

Short Product Name:

Wessex Ham 90% (500g sliced) with added water

Whole cured cooked pork leg, trimmed of excess fat sliced and packed into 500g Modified Atmospheric Pressured Treys

Traded Unit GTIN: 5060996062333 Internal GTIN: Supplier: Wessex Country Gammons Ltd Suppliers Product Code: 100051

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 474k1 **3.6**g **1.3**g <0.5g 2.15g **113**kcal 6% 0% 36%

of your reference intake. Typical values per 100g: Energy 474kJ 113kcal

Nutritional Information

Typical Values	Per 100g
Energy	474kJ 113kCal
Carbohydrates	<0.5g
of which sugars	<0.5g
Fat	3.6g
of which saturates	1.3g
Fibre	<0.5g
Protein	20.1g
Salt	2.15g

Allergy Information





Contain Cereal/Gluten

Does Not Contain Milk

Does Not Eggs

Does Not

Contain



Peanuts

Does Not





Does Not

Contain



Does Not

Contain



Contain Mustard





Contain Sulphur

Dietary Information











Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Ingredients

Pork leg, Water, Salt, Emulsifiers (E451(i)) & E450, Sugar, Preservatives E250 & 251, Antioxidant E301