

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

NUT014X
09 June 2026
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8fc662978c1c4e5593a61ad0216097a4



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Giant Couscous 1kg

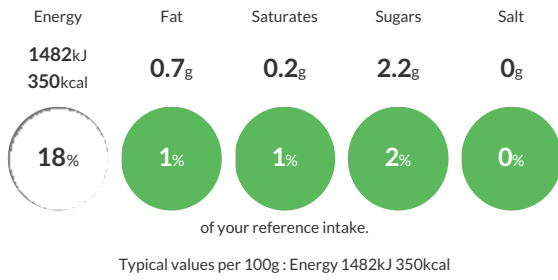
Short Product Name:
Giant Couscous

Pearled Soft WHEAT Cous Cous. Grain size: 2 – 3mm

Traded Unit GTIN: 5060103911363 Internal GTIN: 5060103910823 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT014X

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1482kJ 350kCal
Carbohydrates	72.7g
of which sugars	2.2g
Fat	0.7g
of which saturates	0.2g
Fibre	2.4g
Protein	12.1g
Salt	0g

Allergy Information

Key: Contains May Contain



Allergen Statement

This product contains **WHEAT**.

Ingredients

Durum wheat.

Dietary Information

Key: Suitable for

