

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

CHI014
01 May 2026
01 May 2026
a2ad013173ff4969b34900190f5bb06b



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Raw Buckwheat 1kg

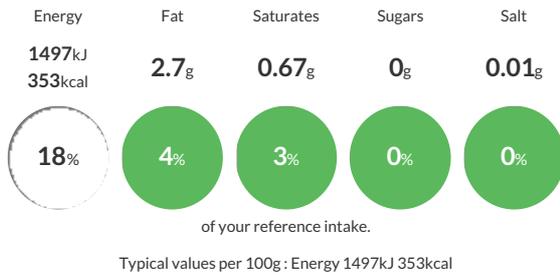
Short Product Name:
Raw Buckwheat 1kg

Buckwheat Grains (*fagopyrum esculentum*) cleaned and dehulled before packing.

Traded Unit GTIN: 5060103919949 Internal GTIN: 5060103919932 Supplier: Centaur Foods Ltd Suppliers Product Code: CHI014

Reference Intake

Each 100g portion contains:



Nutritional Information

| Typical Values | Per 100g |
|--------------------|-------------------|
| Energy | 1497kJ 353kCal |
| Carbohydrates | 69.2g |
| of which sugars | 0g |
| Fat | 2.7g |
| of which saturates | 0.67g |
| Fibre | 4.1g |
| Protein | 12.6g |
| Salt | 0.01g |

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Buckwheat 100%