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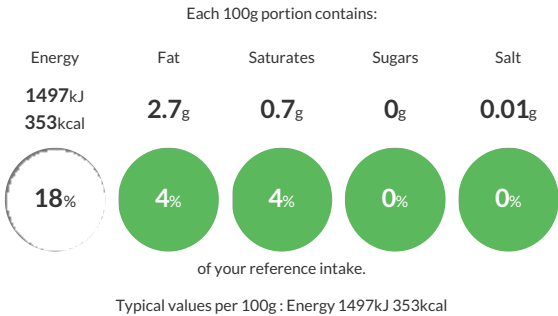
Raw Buckwheat 1kg

Short Product Name:
Raw Buckwheat 1kg

Buckwheat Grains (fagopyrum esculentum) cleaned and dehulled before packing.

Traded Unit GTIN: 5060103919949 Internal GTIN: 5060103919932 Supplier : Centaur Foods Ltd Suppliers Product Code : CHI014

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1497kJ 353kCal
Carbohydrates	69.2g
of which sugars	0g
Fat	2.7g
of which saturates	0.7g
Fibre	4.1g
Protein	13g
Salt	0.01g

Allergy Information

Key: Contains May Contain


May Contain Cereal/Gluten


Does Not Contain Milk


Does Not Contain Eggs


Does Not Contain Peanuts


Does Not Contain Nuts


Does Not Contain Crustaceans


May Contain Mustard


Does Not Contain Fish


Does Not Contain Lupin


May Contain Sesame


May Contain Celery


May Contain Soya


Does Not Contain Molluscs


May Contain Sulphur Dioxide

Dietary Information

Key: Suitable for


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


NO DATA for Coeliac

Ingredients

Buckwheat 100%