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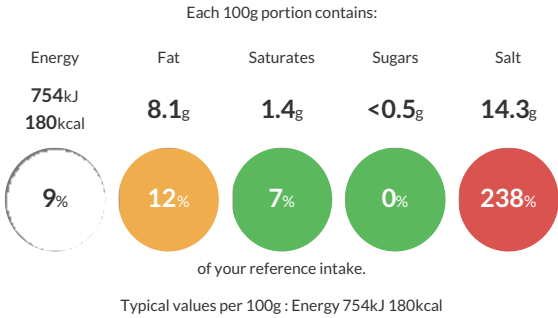
## Cooks & Co Anchovy fillets in Sunflower Oil (10 x (10 x 50g))

Short Product Name:

Anchovy fillets in sunflower oil are made with cleaned fillets of salt Peruvian anchovy (Engraulis ringens).

Traded Unit GTIN: **05060016820059** Internal GTIN: **5060016800051** Supplier: **R.H Amar & Co Ltd** Suppliers Product Code : **CC030**

### Reference Intake





### Nutritional Information


Typical Values	Per 100g
Energy	754kJ 180kCal
Carbohydrates	0.7g
of which sugars	<0.5g
Fat	8.1g
of which saturates	1.4g
Fibre	-g
Protein	26g
Salt	14.3g


### Allergy Information


Key: **Contains** **May Contain**


  
Does Not Contain Cereal/Gluten


  
Does Not Contain Milk


  
Does Not Contain Eggs


  
Does Not Contain Peanuts


  
Does Not Contain Nuts


  
Does Not Contain Crustaceans


  
Does Not Contain Mustard


  
Contains Fish


  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery


  
Does Not Contain Soya


  
Does Not Contain Molluscs


  
Does Not Contain Sulphur Dioxide


### Dietary Information


Key: **Suitable for**

  
May not be suitable for Vegetarian

  
May not be suitable for Vegan

  
Suitable for Kosher

  
May not be suitable for Halal

  
May not be suitable for Coeliac

### Ingredients

Anchovy fillets [Anchovy (**FISH**) - Engraulis ringens, salt] (60%), sunflower oil