

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

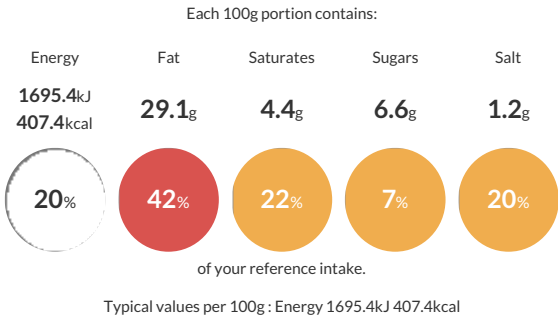
We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

Christmas Nut Roast 6 x 1000

A roasted vegetarian nut roast made up of Breadcrumbs, various nuts and Sweet Potato.

Traded Unit GTIN: - Internal GTIN: Supplier: [The Mouthfull Trading Company Limited](#) Suppliers Product Code: [ChrNu 6 x 1kg](#)

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1695.4kJ 407.4kCal
Carbohydrates	28.5g
of which sugars	6.6g
Fat	29.1g
of which saturates	4.4g
Fibre	4.3g
Protein	8.7g
Salt	1.2g

Allergy Information

Key: Contains May Contain


Contains Cereal/Gluten



Does Not Contain Milk



Does Not Contain Eggs


Does Not Contain Peanuts


Contains Nuts



Does Not Contain Crustaceans


Contains Mustard


Does Not Contain Fish


Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Contains Soya


Does Not Contain Molluscs



Does Not Contain Sulphur Dioxide

Dietary Information


Key: Suitable for


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


May not be suitable for Coeliac

Ingredients

Onions (24%), Granary Bread (20%)(Wholemeal **WHEAT** Flour, Water, Yeast, Rapeseed Oil, Salt, Spirit Vinegar, **SOYA** Flour, Caramelised Sugar, Preservative: Calcium Propionate, Antioxidant: Ascorbic Acid), Sweet Potato (18%), Cashew **NUT** (9%), Olive Oil (9%), Chestnut (8%), Walnut (**NUT**) (7%), Pumpkin Seeds (3%), Garlic (1%), Salt, Pepper, Thyme, Rosemary, Nutmeg, **MUSTARD** Seeds.