

Supplier's Product Code :  
 Product Added :  
 Last Updated by Supplier :  
 erudus id :

MBRC04  
 08 April 2026  
 08 April 2026  
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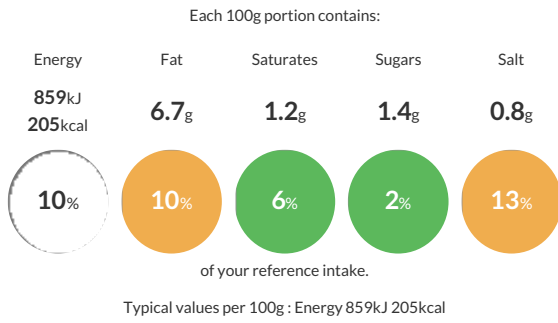
## Breaded MSC Cod Fillets 110 - 140g 24 piece pack count

Short Product Name:  
 Breaded Cod

Formed skinless, boneless cod fillet pieces enrobed in breadcrumb and flash fried 24 x 110-140g

Traded Unit GTIN: **5060061300643** Internal GTIN: **5060061300643** Supplier: **Three Oceans Fish Company** Suppliers Product Code: **MBRC04**

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	859kJ 205kCal
Carbohydrates	24.5g
of which sugars	1.4g
Fat	6.7g
of which saturates	1.2g
Fibre	1.2g
Protein	11.5g
Salt	0.8g

### Allergy Information

Key: **Contains** **May Contain**

Contains Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

### Dietary Information

Key: **Suitable for**

May not be suitable for Vegetarian	May not be suitable for Vegan	Suitable for Kosher	Suitable for Halal	NO DATA for Coeliac
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### Ingredients

Cod (50%) (FISH), WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate).