Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

MP636 14 March 2024 14 March 2024 a6819cb302a84502b85a11126f6462c9



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Vegetable and Chickpea Tagine 6 x 2kg

Short Product Name:

Vegetable and Chickpea Tagine

Grilled peppers, courgettes and red onions with chick peas in a spicy tomato sauce.

Traded Unit GTIN: 5016236027372 Internal GTIN: Supplier: What's Cooking Deeside UK Ltd Suppliers Product Code: MP636

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 254kl 1.45g 0.14g 4.16g 0.63g 61kcal 3%

of your reference intake. Typical values per 100g: Energy 254kJ 61kcal

Nutritional Information

Typical Values	Per 100g
Energy	254kJ 61kCal
Carbohydrates	9.48g
of which sugars	4.16g
Fat	1.45g
of which saturates	0.14g
Fibre	1.72g
Protein	1.92g
Salt	0.63g

Allergy Information





Cereal/Gluten

Does Not

Contain

Fish



Eggs



Does Not

Contain



Peanuts

Does Not

Contain



Nuts

Does Not

Contain





Does Not

Contain







Dietary Information











Allergy Advice:- For allergens & cereals containing gluten, see ingredients in bold.

This product contains Sulphites

Does Not

Contair

Ingredients

Grilled Vegetables (29%) (Yellow Peppers, Red Peppers, Re $Vegetable\ Bouillon\ (Salt,\ Maltodextrin,\ Potato\ Starch,\ Yeast\ Extract,\ Sugar,\ Vegetables\ (Onion,\ Parsnip,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Lovage\ Extract),\ Vegetables\ (Onion,\ Parsnip,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Lovage\ Extract),\ Vegetables\ (Onion,\ Parsnip,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Lovage\ Extract),\ Vegetables\ (Onion,\ Parsnip,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Lovage\ Extract),\ Vegetables\ (Onion,\ Parsnip,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Lovage\ Extract),\ Vegetables\ (Onion,\ Parsnip,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Lovage\ Extract),\ Vegetables\ (Noion,\ Parsley),\ Sunflower\ Oil,\ Spices\ (Turmeric,\ Lovage,\ Pepper,\ Garlic,\ Mace,\ Nutmeg),\ Nut$ $Modified\ Maize\ Starch,\ Garlic\ Puree,\ Red\ Harissa\ Paste\ (Glucose\ Syrup,\ Yeast\ Extract,\ Ground\ Spices\ (Chilli\ Powder,\ Coriander,\ Caraway,\ Paprika,\ Cumin),\ Water,\ Salt,\ Tomato\ Puree,\ Ground\ Mint),\ Ginger\ Modified\ Maize\ Starch,\ Garlic\ Puree,\ Red\ Harissa\ Paste\ (Glucose\ Syrup,\ Yeast\ Extract,\ Ground\ Spices\ (Chilli\ Powder,\ Coriander,\ Caraway,\ Paprika,\ Cumin),\ Water,\ Salt,\ Tomato\ Puree,\ Ground\ Mint),\ Ginger\ Modified\ Mint,\ Ground\ Spices\ Modified\ Mint,\ Ground\ Spices\ Modified\ Mint,\ Ground\ Spices\ Modified\ Mint,\ Mater,\ Salt,\ Tomato\ Puree,\ Ground\ Mint),\ Ginger\ Modified\ Mint,\ Mater,\ Modified\ Mint,\ Modified\ Mint,$ $Puree, Paprika, Ground\ Cumin, Lemon\ Juice\ from\ concentrate, Lemon\ Zest, Turmeric, Brown\ Sugar,\ Salt,\ Black\ Pepper,\ Parsley,\ Basil,\ Cinnamon.$