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# Battered Haddock Fillets 170 / 200g \*(MSC)

Short Product Name: Battered Haddock Fillets

Frozen raw MSC certified skinless natural Haddock fish portion, coated in light crispy batter. Product is par fried with canola oil.

Traded Unit GTIN: 19555018509901 Internal GTIN: Supplier: Pacific West Foods Suppliers Product Code: HFB170PW

#### **Reference** Intake



Typical values per 100g : Energy 678kJ 161kcal

## Nutritional Information

Typical Values	Per 100g
Energy	678kJ 161kCal
Carbohydrates	12g
of which sugars	4.1g
Fat	6.1g
of which saturates	0.5g
Fibre	0.8g
Protein	14g
Salt	0.7g

### Allergy Information



# **Dietary Information**



#### Allergen Statement

For allergens, including cereals containing gluten, see ingredients in bold. May also contain crustaceans, molluscs, milk and soya.

#### Ingredients

Haddock (FISH) (60%), Coating (WHEAT Flour, Water, Canola Oil, Thickener (E1404), Salt, Raising Agents (E450, E500), Sugar, Rice Flour, Yeast Extract, Flavour).