Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

F2500 11 January 2012 27 October 2023 ab8a69903d3d4b399d21dadb24e6f5f4



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# GLUTEN FREE MIXED FISH COQUILLE ST. JACQUES 10 x 200g (excl shell weight)

 $A \, scallop \, shell \, filled \, with \, scallops, \, prawns, \, salmon \, \& \, pollack \, in \, a \, creamy \, sauce, \, topped \, with \, mashed \, potato \, \& \, cheddar \, cheese \, cheddar \, cheddar \, cheese \, cheddar \, cheese \, cheddar \, cheddar \, cheddar \, cheddar \, cheese \, cheddar \, ched$ 

Traded Unit GTIN: 5024030025005 Internal GTIN: Supplier: Paramount 21Ltd Suppliers Product Code: F2500

#### Reference Intake

#### Each 100g portion contains: Fat Salt Energy Saturates Sugars 567kl **8.8**<sub>g</sub> **0.8**g 0.77g**5.1**<sub>g</sub> **137**kcal **7**% 26% 1%

of your reference intake. Typical values per 100g: Energy 567kJ 137kcal

### Nutritional Information

Typical Values	Per 100g
Energy	567kJ 137kCal
Carbohydrates	7.2g
of which sugars	0.8g
Fat	8.8g
of which saturates	5.1g
Fibre	1.1g
Protein	6g
Salt	0.77g

## **Allergy Information**





Contain Cereal/Gluten





Does Not Eggs



Does Not

Peanuts

Does Not

Contain





Does Not

Contain





Molluscs



Contain Mustard

Does Not Contain Sulphu

## **Dietary Information**

Vegetarian





Vegan



Kosher



Halal



Gluten Claim

Gluten content is less than 20ppm.

Does Not

Contain

### Allergen Statement

ALLERGY ADVICE: For allergens, see ingredients in CAPITALS.

Does Not

Contain

WARNING: Although every care has been taken to remove all bones & pieces of shell, some may remain.

Gluten Free

## Ingredients

Potato (33%), water, cream (MILK) (13%), scallops (MOLLUSCS) (7%), prawns (CRUSTACEANS) (5%), salmon (FISH) (5%), MSC pollack (FISH) (5%), butter (MILK), white wine (contains SULPHITES) (4%), onions,  $cheddar cheese (\textbf{MILK}) \ (2\%), modified \ maize starch, vegetable \ bouillon \ [sea salt, potato \ starch, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain \ flour \ [rice flour, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract, onion powder, sugar, garlic powder, herbs, spices, spices,$  $potato\ starch, tapioca\ starch, maize\ flour, buckwheat\ flour], garlic, salt, white\ pepper, dill, paprika.$