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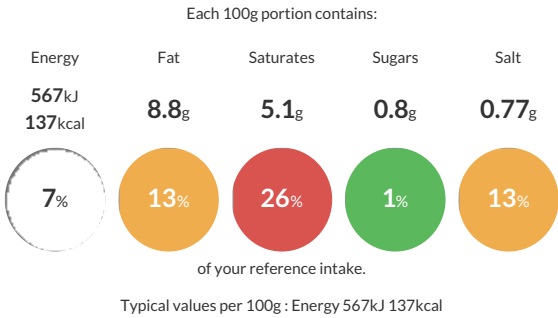
GLUTEN FREE MIXED FISH COQUILLE ST. JACQUES 10 x 200g (excl shell weight)

Short Product Name:
GLUTEN FREE MIXED FISH COQUILLE ST. JACQUES

A scallop shell filled with scallops, prawns, salmon & pollack in a creamy sauce, topped with mashed potato & cheddar cheese

Traded Unit GTIN: 5024030025005 Internal GTIN: Supplier: Paramount 21 Ltd Suppliers Product Code: F2500

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	567kJ 137kCal
Carbohydrates	7.2g
of which sugars	0.8g
Fat	8.8g
of which saturates	5.1g
Fibre	1.1g
Protein	6g
Salt	0.77g

Allergy Information

Key: Contains May Contain


Does Not Contain Cereal/Gluten


Contains Milk


Does Not Contain Eggs


Does Not Contain Peanuts


Does Not Contain Nuts


Contains Crustaceans


Does Not Contain Mustard


Contains Fish


Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Contains Molluscs


Contains Sulphur Dioxide

Dietary Information

Key: Suitable for


May not be suitable for Vegetarian


May not be suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


Suitable for Coeliac

Gluten Claim
Gluten content is less than 20ppm.

Ingredients

Potato (33%), water, cream (**MILK**) (13%), scallops (**MOLLUSCS**) (7%), prawns (**CRUSTACEANS**) (5%), salmon (**FISH**) (5%), **MSC** pollack (**FISH**) (5%), butter (**MILK**), white wine (contains **SULPHITES**) (4%), onions, cheddar cheese (**MILK**) (2%), modified maize starch, vegetable bouillon [sea salt, potato starch, maltodextrin, yeast extract, onion powder, sugar, garlic powder, herbs, spices, spice extract], plain flour [rice flour, potato starch, tapioca starch, maize flour, buckwheat flour], garlic, salt, white pepper, dill, paprika.