Supplier's Product Code :	MPL5C01
Product Added :	29 August 2025
Last Updated by Supplier :	29 August 2025
erudus id :	ac140326931e480b9da310caa8df3941

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IDDSI Level 5 Mixed Pack - L5 Lentil Bolognese Meal

Short Product Name:
IDDSI Level 5 Mixed Pack

2x Lentil Bolognese, 2x Sweet & Sour Chicken, 2x Chicken Casserole, 2x Shepherd's Pie, 2x Fish & all pureed, sieved and moulded to form an appetising meal in line with the level 5 IDDSI guidelines

Traded Unit GTIN: 5061078512203 Internal GTIN: Supplier : Maple Fine Foods Limited Suppliers Product Code : MPL5C01

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
593kJ 141kcal	6g	3g	9g	0.7g
7%	9%	15%	10%	12%

of your reference intake.

Typical values per 100g : Energy 593kJ 141kcal

Nutritional Information

Typical Values	Per 100g
Energy	593kJ 141kCal
Carbohydrates	15g
of which sugars	9g
Fat	6g
of which saturates	3g
Fibre	-g
Protein	6g
Salt	0.7g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Carrot & Potato (Carrots, Water, Potato, Cream (**MILK**), Broccoli, Rapeseed Oil, Cannellini Beans, Swede, Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Pea Protein, Modified Starch From Waxy Maize, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Ground Black Pepper, Dried Parsley, Ground Turmeric, Colour (Ammonia Caramel)). Lentil Bolognese (Bolognese Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Modified Maize Starch, Salt, Basil, Rapeseed Oil, Garlic Puree, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Dried Oregano, Ground Black Pepper), Tomatoes, Water, Lentils, Cream (**MILK**), Mushrooms, Carrots, Parsnip, **MILK** Powder, Onion, Cannellini Beans, Swede, Sweet Potato, Red Peppers, Green Pepper, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)), Tomato Puree, Rapeseed Oil, Garlic, Pea Protein, Black Pepper, Mixed Herbs, Oregano). Lentil Mash (Lentils, Butter Beans, Cream (**MILK**), Broccoli, Carrots, Rapeseed Oil, Garlic, Ginger, Oregano, Paprika, Onion, Tarragon, Rosemary, Salt, Black Pepper, Colour (Sodium Chloride, E102, E133)). Cauliflower & Swede (Cauliflower, Water, Cream (**MILK**), Water, Potato, **MILK** Powder, Swede, Onion, Rapeseed Oil, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)), Salt, Black Pepper). Mashed Potato (Potatoes, Water, Palm Oil, **WHEY** powder(**MILK**), **MILK**, Powder, **LACTOSE**, **MILK** protein, **BUTTER** Oil(**MILK**), natural flavouring, salt, dextrose, **CREAM** (**MILK**) powder, Onion, White Pepper).

IDDSI Level 5 Mixed Pack - L5 Chicken Casserole Meal

Short Product Name:
IDDSI Level 5 Mixed Pack

2x Lentil Bolognese, 2x Sweet & Sour Chicken, 2x Chicken Casserole, 2x Shepherd's Pie, 2x Fish & all pureed, sieved and moulded to form an appetising meal in line with the level 5 IDDSI guidelines

Traded Unit GTIN: 5061078512203 Internal GTIN: Supplier : Maple Fine Foods Limited Suppliers Product Code : MPL5C01

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
568kJ 136kcal	7g	2g	3.8g	0.4g
7%	10%	10%	4%	7%

of your reference intake.

Typical values per 100g : Energy 568kJ 136kcal

Nutritional Information

Typical Values	Per 100g
Energy	568kJ 136kCal
Carbohydrates	13g
of which sugars	3.8g
Fat	7g
of which saturates	2g
Fibre	-g
Protein	6g
Salt	0.4g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Carrot & Potato (Carrots, Water, Potato, Cream (**MILK**), Broccoli, Rapeseed Oil, Cannellini Beans, Swede, Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Pea Protein, Modified Maize Starch, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Chicken Casserole (Chicken, Mixed Vegetables(Onion, Carrots, Peas, Cut Beans, Sweetcorn, Broad Beans), Tomato, Water, Potato, **MILK** Powder, Onion, Tomato Puree, Cream (**MILK**), Rapeseed Oil, Modified Maize Starch, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)), Salt, Pepper). Tuscan Beans (Cannellini Beans, Tomato & Basil Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Tomato Puree, Cream (**MILK**), Onion, **MILK** Powder , Water, Rapeseed Oil, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Ground Black Pepper, Dried Parsley, Ground Turmeric, Colour (Ammonia Caramel)). Mushy Peas (Rehydrated Processed Peas (95%), Water, Sugar, Salt, Colours(Copper Complexes of Chlorophyllins, Carotenes)). Mashed Potato (Potatoes, Water, Palm Oil, **WHEY** powder, **MILK**, Powder, **LACTOSE**, **MILK** protein, **BUTTER** Oil, natural flavouring, salt, dextrose, Cream (**MILK**) powder, Onion, White Pepper).

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IDDSI Level 5 Mixed Pack - L5 Sweet & Sour Chicken Meal

Short Product Name:
IDDSI Level 5 Mixed Pack

2x Lentil Bolognese, 2x Sweet & Sour Chicken, 2x Chicken Casserole, 2x Shepherd's Pie, 2x Fish & all pureed, sieved and moulded to form an appetising meal in line with the level 5 IDDSI guidelines

Traded Unit GTIN: 5061078512203 Internal GTIN: Supplier : Maple Fine Foods Limited Suppliers Product Code : MPL5C01

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
559kJ 134kcal	7g	2g	4g	0.4g
7%	10%	10%	4%	7%

of your reference intake.

Typical values per 100g : Energy 559kJ 134kcal

Nutritional Information

Typical Values	Per 100g
Energy	559kJ 134kCal
Carbohydrates	11g
of which sugars	4g
Fat	7g
of which saturates	2g
Fibre	-g
Protein	6g
Salt	0.4g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Carrot & Potato (Carrots, Water, Potato, Cream (**MILK**), Broccoli, Rapeseed Oil, Cannellini Beans, Swede, Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Pea Protein, Modified Maize Starch, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Sweet & Sour Chicken (Chicken, Water, Sweet And Sour Sauce (Water, Sugar, Spirit Vinegar, Concentrated Pineapple Juice, Modified Maize Starch, Tomato Paste, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)), Carrots, Swede, Parsnips, Tomatoes, Cream (**MILK**), Onion, Rapeseed Oil, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Ground Black Pepper, Dried Parsley, Ground Turmeric, Colour (Ammonia Caramel))). Lentil & Broccoli (Onion, Water, Red Lentils, Broccoli, Cream (**MILK**), **MILK** Powder, Modified Starch, Rapeseed Oil, Tomato, Garlic, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Mixed Beans (Green Beans, Cannellini Beans, Cream (**MILK**), Water, Sweet Potato, Swede, Potato, Broccoli, **MILK** Powder, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Mashed Potato (Potatoes, Water, Palm Oil, **WHEY** powder, **MILK**, Powder, **LACTOSE**, **MILK** protein, **BUTTER** Oil, natural flavoring, salt, dextrose, **CREAM** (**MILK**) powder, Onion, White Pepper).

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IDDSI Level 5 Mixed Pack - L5 Shepherd's Pie Meal

Short Product Name:
IDDSI Level 5 Mixed Pack

2x Lentil Bolognese, 2x Sweet & Sour Chicken, 2x Chicken Casserole, 2x Shepherd's Pie, 2x Fish & all pureed, sieved and moulded to form an appetising meal in line with the level 5 IDDSI guidelines

Traded Unit GTIN: 5061078512203 Internal GTIN: Supplier : Maple Fine Foods Limited Suppliers Product Code : MPL5C01

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
550kJ 132kcal	8g	2g	4g	0.3g
7%	11%	10%	4%	5%

of your reference intake.

Typical values per 100g : Energy 550kJ 132kcal

Nutritional Information

Typical Values	Per 100g
Energy	550kJ 132kCal
Carbohydrates	10g
of which sugars	4g
Fat	8g
of which saturates	2g
Fibre	-g
Protein	4g
Salt	0.3g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Carrot & Potato (Carrots, Water, Potato, Cream (**MILK**), Broccoli, Rapeseed Oil, Cannellini Beans, Swede, Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Pea Protein, Modified Maize Starch, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Shepherd's Pie (Minced Mutton, Water, Cream (**MILK**), Tomato, Carrots, Potato, Onion, Swede, Tomato Puree, Peas ((Rehydrated Processed Peas, Water, Sugar, Salt, Colours(Copper Complexes of Chlorophyllins, Carotenes)), Gravy (Maltodextrin, Potato Starch, Flavourings, Rice Flour, Salt, Yeast Extract, Vegetable Oils, Tomato Puree Powder, Dried Caramel Syrup, Onion Concentrate, Herbs (rosemary, Sage) Pepper, Vegetable Fat), Rapeseed Oil, Bouillon (Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)),salt, pepper). Tuscan Beans (Cannellini Beans, Tomato & Basil Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Tomato Puree, Cream (**MILK**), Onion, **MILK** Powder , Water, Rapeseed Oil, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Lentil Mash (Lentils, Butter Beans, Cream (**MILK**), Broccoli, Carrots, Rapeseed Oil, Garlic, Ginger, Oregano, Paprika, Onion, Tarragon, Rosemary, Salt, Black Pepper, Colour (Sodium Chloride, E102, E133)). Mashed Potato (Potatoes, Water, Palm Oil, **WHEY** powder, **MILK**, Powder, **LACTOSE**, **MILK** protein, **BUTTER** Oil, natural flavouring, salt, dextrose, **CREAM** (**MILK**) powder, Onion, White Pepper).

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IDDSI Level 5 Mixed Pack - L5 Fish & Potato Meal

Short Product Name:
IDDSI Level 5 Mixed Pack

2x Lentil Bolognese, 2x Sweet & Sour Chicken, 2x Chicken Casserole, 2x Shepherd's Pie, 2x Fish & all pureed, sieved and moulded to form an appetising meal in line with the level 5 IDDSI guidelines

Traded Unit GTIN: 5061078512203 Internal GTIN: Supplier : Maple Fine Foods Limited Suppliers Product Code : MPL5C01

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
522kJ 125kcal	8g	2g	4g	0.3g
6%	11%	10%	4%	5%

of your reference intake.

Typical values per 100g : Energy 522kJ 125kcal

Nutritional Information

Typical Values	Per 100g
Energy	522kJ 125kCal
Carbohydrates	10g
of which sugars	4g
Fat	8g
of which saturates	2g
Fibre	-g
Protein	5g
Salt	0.3g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Carrot & Potato (Carrots, Water, Potato, Cream (**MILK**), Broccoli, Rapeseed Oil, Cannellini Beans, Swede, Sauce (Tomatoes, Concentrated Tomato Purée, Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper), Pea Protein, Modified Maize Starch, Vegetable Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Fish & Potato Pie (Cod (**FISH**), Swede, Cream (**MILK**), Potato, Water, **MILK** Powder, Modified Maize Starch, Stock(Salt, Vegetable Fats(Palm, Shea, Sal Butter), Potato Starch, Fish powder(5.5%), Yeast Extract, Sugar, Onion Powder, Garlic powder, Flavourings: herbs(Parsley, tarragon), Spices(Parsley root, **CELERY** Seeds), **FISH** Extract, **FISH** Oil, Dextrose, **FISH**(**HERRING**), Smoke Flavouring). Salt, Black Pepper, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)). Chick Pea Nugget (Water, Chickpeas, Carrots, Tomato, Potato, Onion, Sweet Potato, Swede, Gravy (Maltodextrin, Potato Starch, Flavourings, Rice Flour, Salt, Yeast Extract, Vegetable Oils, Tomato Puree Powder, Dried Caramel Syrup, Onion Concentrate, Herbs (rosemary, sage) Pepper, Vegetable Fat), Tomato Puree, Rapeseed Oil, Cinnamon, Cumin, Coriander, Salt, Black Pepper). Cauliflower & Swede (Cauliflower, Water, Cream (**MILK**), Water, Potato, **MILK** Powder, Swede, Onion, Rapeseed Oil, Bouillon (Salt, Cornflour, Potato Starch, Vegetable Powders (Onion, Carrot, Pea Powder), Flavouring, Tomato Powder, Palm Oil, Black Pepper, Parsley, Turmeric, Colour (Ammonia Caramel)), Salt, Black Pepper). Mashed Potato (Potatoes, Water, Palm Oil, **WHEY** powder, **MILK**, Powder, **LACTOSE**, **MILK** protein, **BUTTER** Oil, natural flavouring, salt, dextrose, **CREAM** (**MILK**) powder, Onion, White Pepper).

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