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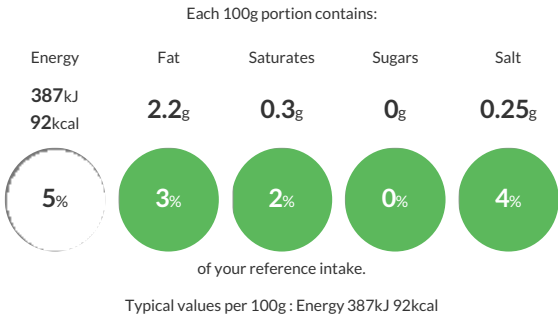
## M&J Seafood Midi MSC Hake Fillets (skinless)

Short Product Name:  
Midi MSC Hake Fillets (skinless)

Skinless & Boneless; 25 x 115-140g (nett of glaze)

Traded Unit GTIN: 5024333956716 Internal GTIN: Supplier : Brake Bros Ltd Suppliers Product Code : 31498

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	387kJ 92kCal
Carbohydrates	0g
of which sugars	0g
Fat	2.2g
of which saturates	0.3g
Fibre	1.2g
Protein	18g
Salt	0.25g

### Allergy Information

Key: Contains May Contain

  
Does Not Contain Cereal/Gluten

  
Does Not Contain Milk

  
Does Not Contain Eggs

  
Does Not Contain Peanuts

  
Does Not Contain Nuts

  
Does Not Contain Crustaceans

  
Does Not Contain Mustard

  
Contains Fish

  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

### Dietary Information

Key: Suitable for

  
May not be suitable for Vegetarian

  
May not be suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
May not be suitable for Coeliac

### Ingredients

Hake (FISH) Merluccius capensis or Merluccius paradoxus (100%).