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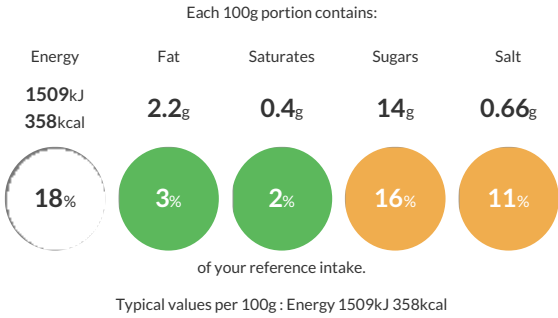
Kellogg's Bran Flakes Portion Pack 40x40g

Short Product Name:
Bran Flakes Cereal

Kellogg's Bran Flakes are deliciously crunchy, wholesome flakes made with natural wheat bran fibre. They are also a source of protein and provide 8 essential vitamins and minerals. Naturally high in fibre, so you know that you are making the right choice for your digestive health and the best part is that they are simply delicious.

Traded Unit GTIN: 5050083394157 Internal GTIN: 5050083394140 Supplier : Kellanova (Kellogg's) Suppliers Product Code : 5139415000

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	1509kJ 358kCal
Carbohydrates	65g
of which sugars	14g
Fat	2.2g
of which saturates	0.4g
Fibre	17g
Protein	11g
Salt	0.66g

Allergy Information

Key: Contains May Contain



Contains Cereal/Gluten


Does Not Contain Milk


Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Does Not Contain Mustard



Does Not Contain Fish



Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


May Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide


Allergen Statement
May contain Soy


Ingredients


WHOLEWHEAT (59%), WHEAT bran (18%), WHOLEWHEAT flour, sugar, BARLEY malt extract, glucose syrup, salt, natural flavouring, Niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.


Dietary Information


Key: Suitable for


Suitable for Vegetarian


May not be suitable for Vegan


Suitable for Kosher


Suitable for Halal


NO DATA for Coeliac