Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

803 02 July 2018 08 April 2021 b99dababa440420d973b80c6d2b305af



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Rude Health Organic Oat Drink (GF) 6x1lt

Short Product Name:

Get all the goodness of gluten free oats the easy way, any time, any place. This Drink is made with whole grains, soluble fibre and all, shown to help keep your heart in rude health when eaten regularly. The satisfying oaty flavour is subtly balanced with pure mountain spring water and a touch of cold-pressed sunflower oil. Comfort you can drink.

Traded Unit GTIN: 05060120282231 Internal GTIN: 5060120281975 Supplier: Rude Health Suppliers Product Code: 803

Reference Intake



Typical values per 100ml: Energy 181kJ 43kcal

Nutritional Information

Typical Values	Per 100ml
Energy	181kJ 43kCal
Carbohydrates	6.1g
of which sugars	4.1g
Fat	1.6g
of which saturates	0.4g
Fibre	0.3g
Protein	0.8g
Salt	0.1g

Allergy Information







Does Not Eggs

Does Not

Contain



Does Not Peanuts

Does Not





Nuts

Does Not

Contain





Does Not

Contain Mustard

Does Not

Contain



Sulphur

Dietary Information











Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Ingredients

Natural spring water, organic wholegrain OATS (11%), organic cold-pressed sunflower oil, sea salt.