

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

MBRC03
 08 April 2026
 08 April 2026
 bcb5f6858a4d411dab7d0e9ac3888086



The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

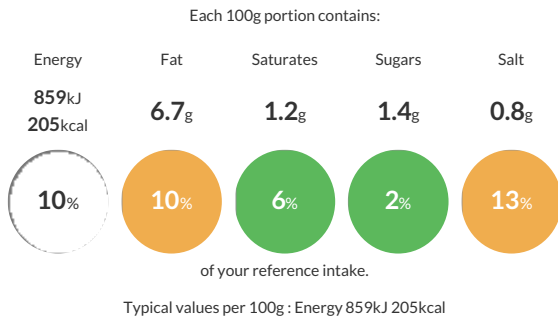
Breaded MSC Cod Fillets 80 - 110g 30 piece pack count

Short Product Name:
 Breaded Cod

Formed skinless, boneless cod fillet pieces coated in breadcrumb, flash fried 30 x 80-110g

Traded Unit GTIN: **5060061301411** Internal GTIN: **5060061301411** Supplier: **Three Oceans Fish Company** Suppliers Product Code: **MBRC03**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	859kJ 205kCal
Carbohydrates	24.5g
of which sugars	1.4g
Fat	6.7g
of which saturates	1.2g
Fibre	1.2g
Protein	11.5g
Salt	0.8g

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Dietary Information

Key: **Suitable for**

NO DATA for Vegetarian	NO DATA for Vegan	May not be suitable for Kosher	May not be suitable for Halal	NO DATA for Coeliac
------------------------	-------------------	--------------------------------	-------------------------------	---------------------

Allergen Statement

Allergens in ingredient list are shown in **CAPITALS**

Ingredients

COD (50%) (**FISH**), **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate).