Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

3265 10 October 2025 10 October 2025 c09159f46f8440409681ee04687e80de



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Portico Classic Breaded MSC Cod Fillets

Short Product Name:

Breaded MSC Cod Fillets

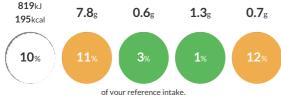
Skinless, boneless formed cod fillets, coated in breadcrumbs & flash fried; $45 \times 85-110g$

Traded Unit GTIN: 5024333110569 Internal GTIN: Supplier: Sysco GB Limited Suppliers Product Code: 3265

Reference Intake

Energy

Each 100g portion contains: Fat Salt Saturates Sugars



Typical values per 100g: Energy 819kJ 195kcal

Nutritional Information

Typical Values	Per 100g
Energy	819kJ 195kCal
Carbohydrates	21g
of which sugars	1.3g
Fat	7.8g
of which saturates	0.6g
Fibre	1g
Protein	9.8g
Salt	0.7g

Allergy Information





Does Not

Contain



Eggs

Does Not

Contain



Does Not

Peanuts

Does Not

Contain



Contain Nuts

Does Not

Contain



Does Not

Contain









Dietary Information









Ingredients

Cod (Fish) (50%), Wheat Flour(Wheat Flour, Calcium Carbonate), Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent(Ammonium Carbonate).