

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

3265
 10 April 2026
 10 April 2026
 c09159f46f8440409681ee04687e80de



The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

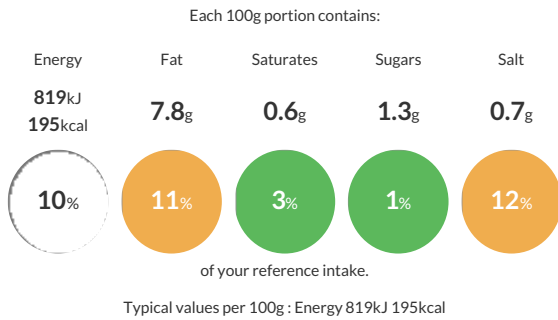
Portico Classic Breaded MSC Cod Fillets

Short Product Name:
 Breaded MSC Cod Fillets

Skinless, boneless formed cod fillets, coated in breadcrumbs & flash fried; 45 x 85-110g

Traded Unit GTIN: **5024333110569** Internal GTIN: Supplier: **Sysco GB Limited** Suppliers Product Code: **3265**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	819kJ 195kCal
Carbohydrates	21g
of which sugars	1.3g
Fat	7.8g
of which saturates	0.6g
Fibre	1g
Protein	9.8g
Salt	0.7g

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Dietary Information

Key: **Suitable for**

NO DATA for Vegetarian	NO DATA for Vegan	May not be suitable for Kosher	May not be suitable for Halal	NO DATA for Coeliac
------------------------	-------------------	--------------------------------	-------------------------------	---------------------

Ingredients

Cod (Fish) (50%), Wheat Flour(Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent(Ammonium Carbonate).