Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

078972 11 November 2019 15 September 2022 c0afb87c34464859aeed94659b8b0c51



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

GLUTEN FREE FLAPJACK (Cakes to go)

Short Product Name: Gluten Free Flapjack

 $A \ rustic \ gluten \ free \ flap jack \ made \ with \ gluten \ free \ rolled \ and \ jumbo \ oats \ and \ plenty \ of \ golden \ syrup.$

Traded Unit GTIN: 5060044078972 Internal GTIN: 5060044078965 Supplier: The Handmade Cake Co. Suppliers Product Code: 078972

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
1989 kJ 476 kcal	23.3g	8.3 g	27.8 g	$0.58_{\rm g}$	
24%	33%	42%	31%	10%	
of your reference intake.					

Typical values per 100g: Energy 1989kJ 476kcal

Nutritional Information

Typical Values	Per 100g
Energy	1989kJ 476kCal
Carbohydrates	58.3g
of which sugars	27.8g
Fat	23.3g
of which saturates	8.3g
Fibre	4.6g
Protein	5.9g
Salt	0.58g

Allergy Information



Cereal/Gluten

May Contain

May Contain Eggs



Does Not

Contain



Peanuts

Does Not

Contain



Does Not

Contain



Crustaceans

Does Not

Contain



Does Not







Does Not Contain Sulphur

Dietary Information









Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Allergen Statement

For allergens, see ingredients in **BOLD**. This product may contain traces of nuts, milk and egg as it has been made in a bakery that uses these ingredients.

This product has been made using gluten free oats, these have been highlighted in the ingredient declaration in line with industry guidelines.

Ingredients

Gluten Free OATS (45%), Golden Syrup (25%), Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (E471), Natural Flavouring], Light Brown Sugar, Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat).