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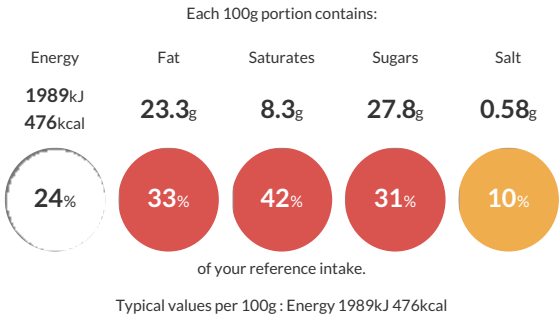
GLUTEN FREE FLAPJACK (Cakes to go)

Short Product Name:
Gluten Free Flapjack

A rustic gluten free flapjack made with gluten free rolled and jumbo oats and plenty of golden syrup.

Traded Unit GTIN: 5060044078972 Internal GTIN: 5060044078965 Supplier : The Handmade Cake Co. Suppliers Product Code : 078972

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1989kJ 476kCal
Carbohydrates	58.3g
of which sugars	27.8g
Fat	23.3g
of which saturates	8.3g
Fibre	4.6g
Protein	5.9g
Salt	0.58g

Allergy Information

Key: Contains May Contain


Contains
Cereal/Gluten


May Contain
Milk


May Contain
Eggs


Does Not
Contain
Peanuts


May Contain
Nuts


Does Not
Contain
Crustaceans


Does Not
Contain
Mustard


Does Not
Contain
Fish


Does Not
Contain
Lupin


Does Not
Contain
Sesame


Does Not
Contain
Celery


Does Not
Contain
Soya


Does Not
Contain
Molluscs


Does Not
Contain
Sulphur
Dioxide

Dietary Information

Key: Suitable for


Suitable for
Vegetarian


Suitable for
Vegan


May not be
suitable for
Kosher


May not be
suitable for
Halal


NO DATA for
Coeliac

Allergen Statement
For allergens, see ingredients in **BOLD**. This product may contain traces of nuts, milk and egg as it has been made in a bakery that uses these ingredients.

This product has been made using gluten free oats, these have been highlighted in the ingredient declaration in line with industry guidelines.

Ingredients

Gluten Free **OATS** (45%), Golden Syrup (25%), Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (E471), Natural Flavouring], Light Brown Sugar, Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat).