

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

107625
10 February 2026
10 February 2026
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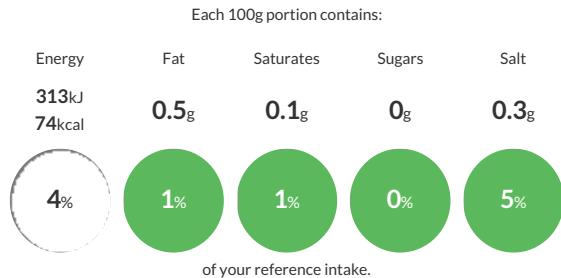
Haddock fillet skin on, boneless (6 x 140-170g)

Short Product Name:
Haddock Fillet

Haddock fillet skin on, boneless 6 x 140-170g.

Traded Unit GTIN: - Internal GTIN: Supplier : [M&J Seafood](#) Suppliers Product Code : 107625

Reference Intake



Typical values per 100g : Energy 313kJ 74kcal

Nutritional Information

Typical Values	Per 100g
Energy	313kJ 74kCal
Carbohydrates	0g
of which sugars	0g
Fat	0.5g
of which saturates	0.1g
Fibre	0g
Protein	17.3g
Salt	0.3g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Haddock (Melanogrammus aeglefinus) (FISH).