Supplier's Product Code :	107625
Product Added :	05 October 2026
Last Updated by Supplier :	05 October 2026
erudus id :	c224858bd867463893bdf77adb811617

The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Haddock fillet skin on, boneless (6 x 140-170g)

Short Product Name:
Haddock Fillet

Haddock fillet skin on, boneless 6 x 140-170g.

Traded Unit GTIN: - Internal GTIN: Supplier : Sysco GB Limited Suppliers Product Code : 107625

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
313kJ 74kcal	0.5g	0.1g	0g	0.3g
4%	1%	1%	0%	5%

of your reference intake.

Typical values per 100g : Energy 313kJ 74kcal

Nutritional Information

Typical Values	Per 100g
Energy	313kJ 74kCal
Carbohydrates	0g
of which sugars	0g
Fat	0.5g
of which saturates	0.1g
Fibre	0g
Protein	17.3g
Salt	0.3g

Allergy Information

Key: Contains May Contain

- Does Not Contain Cereal/Gluten
- Does Not Contain Milk
- Does Not Contain Eggs
- Does Not Contain Peanuts
- Does Not Contain Nuts
- Does Not Contain Crustaceans
- Does Not Contain Mustard
- Contains Fish
- Does Not Contain Lupin
- Does Not Contain Sesame
- Does Not Contain Celery
- Does Not Contain Soya
- Does Not Contain Molluscs
- Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

- NO DATA for Vegetarian
- NO DATA for Vegan
- May not be suitable for Kosher
- May not be suitable for Halal
- NO DATA for Coeliac

Ingredients

Haddock (Melanogrammus aeglefinus) (**FISH**).