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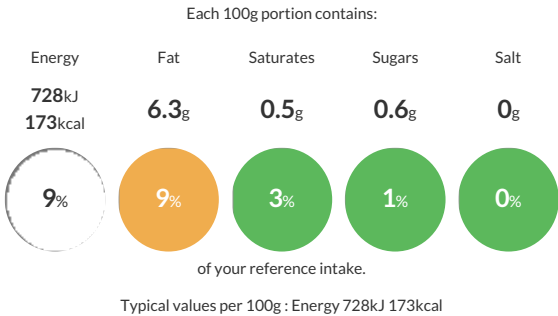
Breaded Cod Portions MSC

Short Product Name:  
Breaded Cod

Breaded Chunky Cod Portions Coated with a natural 3 way cook crumb

Traded Unit GTIN: 5060132042656 Internal GTIN: Supplier: Flatfish Ltd Suppliers Product Code: FF00054

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	728kJ 173kCal
Carbohydrates	18g
of which sugars	0.6g
Fat	6.3g
of which saturates	0.5g
Fibre	1.3g
Protein	12.4g
Salt	0g


Allergy Information


Key: Contains May Contain


  
Contains  
Cereal/Gluten


  
Does Not  
Contain  
Milk


  
Does Not  
Contain  
Eggs


  
Does Not  
Contain  
Peanuts


  
Does Not  
Contain  
Nuts


  
Does Not  
Contain  
Crustaceans


  
Does Not  
Contain  
Mustard


  
Contains  
Fish


  
Does Not  
Contain  
Lupin

  
Does Not  
Contain  
Sesame

  
Does Not  
Contain  
Celery

  
Does Not  
Contain  
Soya

  
Does Not  
Contain  
Molluscs

  
Does Not  
Contain  
Sulphur  
Dioxide

Dietary Information

Key: Suitable for

  
May not be  
suitable for  
Vegetarian

  
May not be  
suitable for  
Vegan

  
May not be  
suitable for  
Kosher

  
May not be  
suitable for  
Halal

  
May not be  
suitable for  
Coeliac

Ingredients

Cod 56% (FISH)  
Breadcrumbs: **WHEAT** flour, salt, yeast, Anti caking agent E535.  
Batter: **WHEAT** flour, water, starch, salt, rapeseed oil.