

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

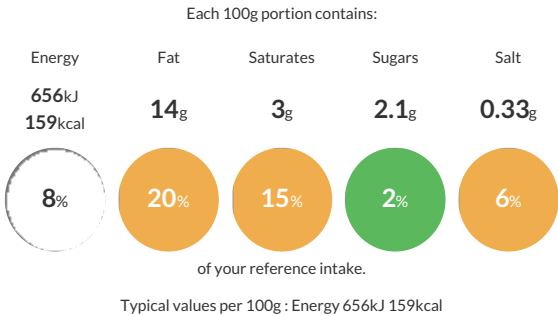
Ardo Avocado Diced 14mm 2 x 5kg

Short Product Name:
Avocado Diced 15x15mm

15x15mm pieces of ripened HASS avocado, Persea Americana 'Hass'.

Traded Unit GTIN: 05411361117200 Internal GTIN: Supplier : Ardo UK Suppliers Product Code : 10001120

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	656kJ 159kCal
Carbohydrates	2.9g
of which sugars	2.1g
Fat	14g
of which saturates	3g
Fibre	6.4g
Protein	1.6g
Salt	0.33g

Allergy Information

Key: Contains May Contain


Does Not Contain Cereal/Gluten


Does Not Contain Milk


Does Not Contain Eggs


Does Not Contain Peanuts


Does Not Contain Nuts


Does Not Contain Crustaceans


Does Not Contain Mustard


Does Not Contain Fish


Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Allergen Statement
Product doesn't contain any allergens.

Ingredients

Avocado: 99.7% , ascorbic acid (E300, antioxidant), citric acid (E330, antioxidant), salt.

Dietary Information

Key: Suitable for


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


NO DATA for Coeliac