F02173 26 October 2018 30 December 2021 da6708f546b74974b2eca6fe8c0965ec



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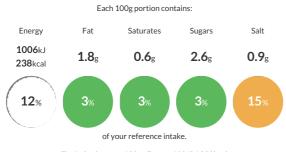
Kara Medium White Bloomer

Short Product Name:

A medium sliced D shaped White bloomer, perfect for toast and sandwiches.

Traded Unit GTIN: 05010066121736 Internal GTIN: Supplier: Kara Foodservice (Fletchers) Suppliers Product Code: F02173

Reference Intake



Typical values per 100g : Energy 1006kJ 238kcal

Nutritional Information

Typical Values	Per 100g
Energy	1006kJ 238kCal
Carbohydrates	45.3g
of which sugars	2.6g
Fat	1.8g
of which saturates	0.6g
Fibre	2.7g
Protein	8.7g
Salt	0.9g

Allergy Information



Dietary Information



Allergen Statement

For allergens (including cereals containing gluten), see ingredients in bold. Also, may contain soya.

Ingredients

Wheat flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Salt, Palm Oil, Yeast, Emulsifier (E472e), Flour Treatment Agent (E300).