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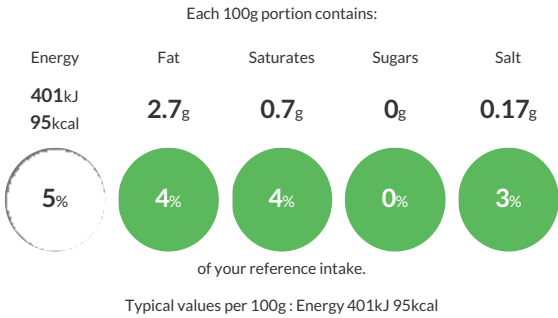
Portico Premium Pan-Ready Cornish Sole

Short Product Name:
Pan-Ready Cornish Sole

Headless & trimmed Megrim sole; 6 x 230-320g nett of glaze

Traded Unit GTIN: 5024333262688 Internal GTIN: Supplier: Sysco GB Limited Suppliers Product Code: 150359

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	401kJ 95kCal
Carbohydrates	0g
of which sugars	0g
Fat	2.7g
of which saturates	0.7g
Fibre	0g
Protein	18g
Salt	0.17g

Allergy Information

Key: Contains May Contain



Does Not Contain Cereal/Gluten



Does Not Contain Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Does Not Contain Mustard



Contains Fish



Does Not Contain Lupin



Does Not Contain Sesame



Does Not Contain Celery



Does Not Contain Soya



Does Not Contain Molluscs



Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for



May not be suitable for Vegetarian



May not be suitable for Vegan



NO DATA for Kosher



NO DATA for Halal



NO DATA for Coeliac

Ingredients

Megrim Sole (FISH) (Lepidorhombus whiffiagonis) (100%).