

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

HAS049  
14 January 2026  
14 January 2026  
df6c332f7c144ff792c529a49ba4d87a



The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

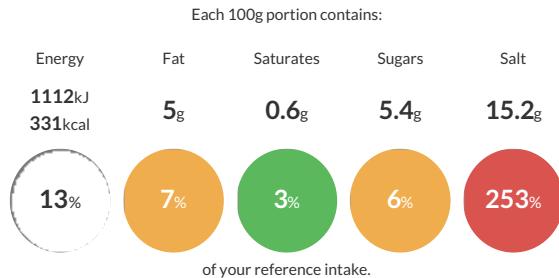
## Ras El Hanout 250g

Short Product Name:  
Ras El Hanout

Blend of herbs and spices

Traded Unit GTIN: [5060103911639](#) Internal GTIN: [5060103911509](#) Supplier : [Centaur Foods Ltd](#) Suppliers Product Code : [HAS049](#)

### Reference Intake



Typical values per 100g : Energy 1112kJ 331kcal

### Nutritional Information

Typical Values	Per 100g
Energy	1112kJ 331kCal
Carbohydrates	50.8g
of which sugars	5.4g
Fat	5g
of which saturates	0.6g
Fibre	15.2g
Protein	4.8g
Salt	15.2g

### Allergy Information

Key: [Contains](#) [May Contain](#)



### Dietary Information

Key: [Suitable for](#)



### Ingredients

Potato starch, Salt, Coriander, Maltodextrin, cinnamon, ginger, Cayenne (Chilli, Paprika), Black Pepper, Cassia, Allspice, Onion, **celery**, Rose petals, Lavender, Cardamom, Garlic, Sugar, parsley, Fenugreek, mace, Clove, Nutmeg.