Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

BUI G6CW 14 August 2018 28 July 2023 e45cd74005cf46e09a0c2061788437a2



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

MEDIUM BULGUR WHEAT 6x1kg

 ${\it Cracked / granulated grains of 'Triticum Durum' wheat. Cleaned at origin.}$

 $Traded\ Unit\ GTIN:\ 5020933029874\ \ Internal\ GTIN:\ 5020933024893\ \ Supplier:\ Sleaford\ Quality\ Foods\ \ Suppliers\ Product\ Code:\ BULG6CW$

Reference Intake

Each 100g portion contains:



Typical values per 100g : Energy 1431kJ 342kcal

Nutritional Information

Typical Values	Per 100g
Energy	1431kJ 342kCal
Carbohydrates	63.37g
of which sugars	0.41g
Fat	1.3g
of which saturates	0.2g
Fibre	12.5g
Protein	12.29g
Salt	0.04g

Allergy Information



Does Not

Contain

Fish



Does Not

Contain

Does Not Contain Eggs

Does Not

Contain



Does Not Contain Peanuts

Does Not



Does Not Contain Nuts

Does Not

Contain



Crustaceans

Does Not

Contain



Contain Mustard



Contain Sulphur

Dietary Information











Ingredients

Triticum Durum WHEAT.