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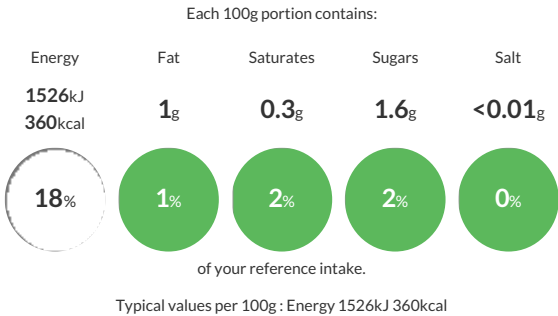
# Tilda Easy Cook Basmati and Wild Rice 4Kg

Short Product Name:  
Easy cook basmati & wild rice

Golden parboiled basmati rice blended with scarified wild Rice

Traded Unit GTIN: 5011157120911 Internal GTIN: 5011157120911 Supplier : Tilda Ltd Suppliers Product Code : ECBW4F

## Reference Intake



## Nutritional Information

Typical Values	Per 100g
Energy	1526kJ 360kCal
Carbohydrates	78.9g
of which sugars	1.6g
Fat	1g
of which saturates	0.3g
Fibre	1.5g
Protein	8.1g
Salt	<0.01g

## Allergy Information

Key: Contains May Contain

  
Does Not Contain Cereal/Gluten

  
Does Not Contain Milk

  
Does Not Contain Eggs

  
Does Not Contain Peanuts

  
Does Not Contain Nuts

  
Does Not Contain Crustaceans

  
Does Not Contain Mustard

  
Does Not Contain Fish

  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

## Dietary Information

Key: Suitable for

  
Suitable for Vegetarian

  
Suitable for Vegan

  
Suitable for Kosher

  
May not be suitable for Halal

  
NO DATA for Coeliac

## Ingredients

85% Parboiled Basmati Rice and 15% Scarified Wild Rice