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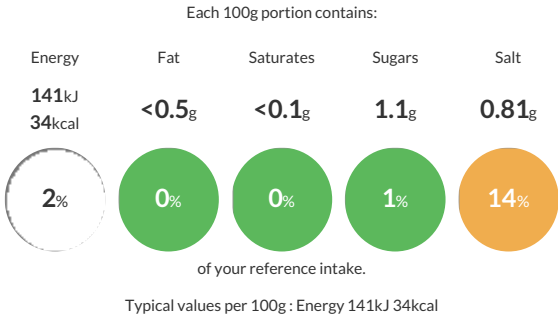
Cooks & Co Artichoke Hearts (12 x 400g)

Short Product Name:

Artichoke Hearts in brine

Traded Unit GTIN: 05060016820042 Internal GTIN: 5060016800044 Supplier: R.H Amar & Co Ltd Suppliers Product Code : CC021

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	141kJ 34kCal
Carbohydrates	5.7g
of which sugars	1.1g
Fat	<0.5g
of which saturates	<0.1g
Fibre	3g
Protein	1.2g
Salt	0.81g


Allergy Information


Key: Contains May Contain



Does Not Contain Cereal/Gluten



Does Not Contain Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Does Not Contain Mustard



Does Not Contain Fish



Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


May not be suitable for Coeliac

Ingredients

Artichoke Hearts, Water, Salt, Acidity Regulator: Citric Acid.