

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

4884
30 January 2026
30 January 2026
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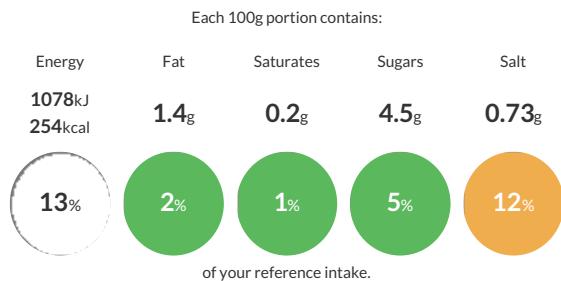
La Boulangerie Premium Bakery Fully Baked Plain Bagels

Short Product Name:
Fully Baked Plain Bagels

48 x 100g approximately

Traded Unit GTIN: [5024333116929](#) Internal GTIN: [Supplier: Sysco GB Limited](#) Suppliers Product Code: [4884](#)

Reference Intake



Typical values per 100g : Energy 1078kJ 254kcal

Nutritional Information

Typical Values	Per 100g
Energy	1078kJ 254kCal
Carbohydrates	50g
of which sugars	4.5g
Fat	1.4g
of which saturates	0.2g
Fibre	1.2g
Protein	9g
Salt	0.73g

Allergy Information

Key: [Contains](#) [May Contain](#)



Dietary Information

Key: [Suitable for](#)



Ingredients

WHEAT flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, **RYE** Flour, Sugar, Yeast, Rapeseed Oil, Salt, Maize, Malted **BARLEY** Flour, Emulsifier(Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent(Ascorbic Acid).