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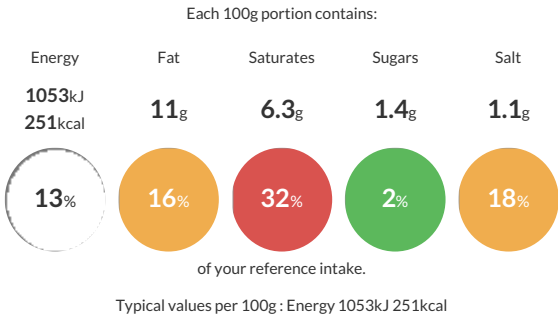
Croque Monsieur 12 x 170g

Short Product Name:
Croque Monsieur

White sliced bread filled with Ham & Cheese, topped with oozing melted cheese

Traded Unit GTIN: 05390634005492 Internal GTIN: 5390634003405 Supplier : Quality Irish Food Suppliers Product Code : MRC16605

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	1053kJ 251kCal
Carbohydrates	23.3g
of which sugars	1.4g
Fat	11g
of which saturates	6.3g
Fibre	1.6g
Protein	14.1g
Salt	1.1g


Allergy Information


Key: Contains May Contain



Contains Cereal/Gluten



Contains Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Does Not Contain Mustard



Does Not Contain Fish



Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for


May not be suitable for Vegetarian


May not be suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


NO DATA for Coeliac

Allergen Statement
Allergy Advice! For Allergens, including cereals containing gluten, see ingredients in bold.

Ingredients

Bread [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Yeast, Salt, Rapeseed Oil, Palm Fat, Flour Treatment Agent (Ascorbic Acid)], Ham (18%) [Pork, Water, Salt, Sugar, Pork Protein, Antioxidant (Sodium Ascorbate), Stabiliser (Diphosphates), Preservative (Sodium Nitrite)], Mature Cheddar Slices (**MILK**) (13%), Bechamel Sauce [Water, **UHT** Cream (**MILK**, Carrageenan), Rapeseed Oil, Cornflour, Skimmed Milk Powder, Onion Powder, Nutmeg, White Pepper], Mature Cheddar Grated (**MILK**, Potato Starch) (11%), Mozzarella (5%) (**MILK**, Potato Starch).