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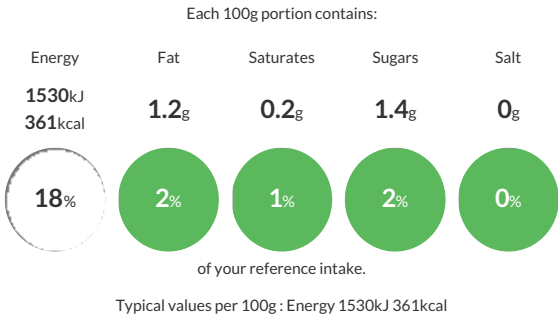
Heygates Self Raising Flour (16Kg)

Short Product Name:  
Self Raising Flour

Wheat Flour

Traded Unit GTIN: - Internal GTIN: 5021583002170 Supplier : Heygates Ltd Suppliers Product Code : T-L023-016

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	1530kJ 361kCal
Carbohydrates	75.6g
of which sugars	1.4g
Fat	1.2g
of which saturates	0.2g
Fibre	3.1g
Protein	10.3g
Salt	0g


Allergy Information


Key: Contains May Contain


  
Contains  
Cereal/Gluten


  
Does Not  
Contain  
Milk


  
Does Not  
Contain  
Eggs


  
Does Not  
Contain  
Peanuts


  
Does Not  
Contain  
Nuts


  
Does Not  
Contain  
Crustaceans


  
Does Not  
Contain  
Mustard


  
Does Not  
Contain  
Fish


  
Does Not  
Contain  
Lupin

  
Does Not  
Contain  
Sesame

  
Does Not  
Contain  
Celery

  
May Contain  
Soya

  
Does Not  
Contain  
Molluscs

  
Does Not  
Contain  
Sulphur  
Dioxide

Dietary Information

Key: Suitable for

  
Suitable for  
Vegetarian

  
Suitable for  
Vegan

  
May not be  
suitable for  
Kosher

  
May not be  
suitable for  
Halal

  
May not be  
suitable for  
Coeliac

Ingredients

Wheat Flour (WHEAT flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341)