

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

NUT017
01 April 2026
01 April 2026
fd5ffaf9aa9341efa870a0036f4e73f5



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

Green Lentils "Puy" Type 1Kg

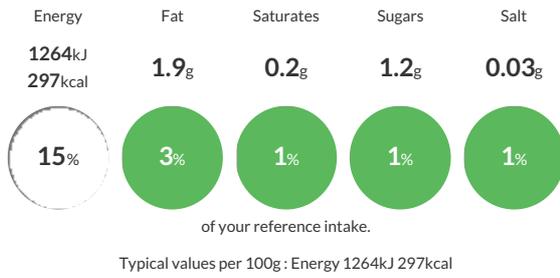
Short Product Name:
Green Lentils

Dark Green Speckled Lentils (Lens culinaris).

Traded Unit GTIN: 5060103914395 Internal GTIN: 5060103915606 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT017

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1264kJ 297kCal
Carbohydrates	48.8g
of which sugars	1.2g
Fat	1.9g
of which saturates	0.2g
Fibre	8.9g
Protein	24.3g
Salt	0.03g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

100% Green Lentils