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# Green Lentils "Puy" Type 1Kg

Short Product Name: Green Lentils

Dark Green Speckled Lentils (Lens culinaris).

 Traded Unit GTIN:
 5060103914395
 Internal GTIN:
 5060103915606
 Supplier:
 Centaur Foods Ltd
 Suppliers Product Code:
 NUT017

#### **Reference** Intake



Typical values per 100g : Energy 1264kJ 297kcal

## Nutritional Information

Typical Values	Per 100g
Energy	1264kJ 297kCal
Carbohydrates	48.8g
of which sugars	1.2g
Fat	1.9g
of which saturates	0.2g
Fibre	8.9g
Protein	24.3g
Salt	0.03g

## Allergy Information



## **Dietary Information**



#### Ingredients

100% Green Lentils