

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

F00269
 13 March 2026
 13 March 2026
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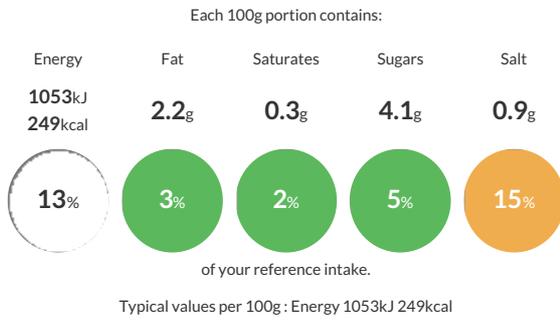
Kara MK5 Seeded Burger Bun 6 x 8

Short Product Name:
 Seeded Burger Bun

A fully sliced soft white burger bun topped with sesame seed.

Traded Unit GTIN: 05011639001257 Internal GTIN: Supplier: Kara Foodservice (Fletchers) Suppliers Product Code: F00269

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1053kJ 249kCal
Carbohydrates	46.8g
of which sugars	4.1g
Fat	2.2g
of which saturates	0.3g
Fibre	3.4g
Protein	8.7g
Salt	0.9g

Allergy Information

Key: Contains May Contain

Contains Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Contains Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal	NO DATA for Coeliac
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Ingredients

Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sesame Seed, Sugar, Salt, Yeast, Dextrose, Rapeseed Oil, Emulsifiers: E471, E472(e); Flour Treatment Agents: E300, E920.