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|---|---|
| Supplier's Product Code : | MSQW021 |
| Product Added : | 13 October 2025 |
| Last Updated by Supplier : | 13 October 2025 |
| erudus id : | ff512c206d4e4a728649f63f7dcc31d8 |

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# Ch & Onion Quiche 11" (1 x 1)

*Short Product Name:*
Ch & Onion Quiche 11" (1 x 1)

Whole quiche made with egg, onion, spring onion and mature Cheddar cheese encased in shortcrust pastry (approx. 12 ptns) Palm from a sustainable source, RSPO certificate number BMT-RSPO-000578 (1 x 1)

Traded Unit GTIN: 05060062473773 Internal GTIN: Supplier : Central Foods Group Limited Suppliers Product Code : MSQW021

## Reference Intake

Each 100g portion contains:

| Energy | Fat | Saturates | Sugars | Salt |
|---|---|---|---|---|
| 895kJ 213kcal | 11.9g | 5.8g | 2.3g | 0.59g |
| 11% | 17% | 29% | 3% | 10% |

of your reference intake.

Typical values per 100g : Energy 895kJ 213kcal

## Nutritional Information

| Typical Values | Per 100g |
|---|---|
| Energy | 895kJ<br>213kCal |
| Carbohydrates | 21.6g |
| of which sugars | 2.3g |
| Fat | 11.9g |
| of which saturates | 5.8g |
| Fibre | 0.9g |
| Protein | 5.8g |
| Salt | 0.59g |

## Allergy Information

Key: Contains May Contain

- Contains Cereal/Gluten
- Contains Milk
- Contains Eggs
- Does Not Contain Peanuts
- Does Not Contain Nuts
- Does Not Contain Crustaceans
- Contains Mustard
- Does Not Contain Fish
- Does Not Contain Lupin
- Does Not Contain Sesame
- Does Not Contain Celery
- Does Not Contain Soya
- Does Not Contain Molluscs
- Does Not Contain Sulphur Dioxide

## Dietary Information

Key: Suitable for

- Suitable for Vegetarian
- May not be suitable for Vegan
- May not be suitable for Kosher
- May not be suitable for Halal
- NO DATA for Coeliac

## Ingredients

Pastry Case: Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono–and Diglycerides of Fatty Acids), Acidity Regulators (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Natural Carotenes)), Shortening (Palm Oil, Rapeseed Oil), Maize Flour, Water, Tomato Puree, Sea Salt. Filling: Water, Whole Liquid **EGG** (12%), Onion (7%), Mature Cheddar Cheese (6%) (**MILK**, Salt, Starter, Rennet, Colour (Annatto Bixin, Norbixin), Potato Starch), Spring Onion (5%), Whole **MILK** Powder, Cornflour, Modified Maize Starch, Chives, Sea Salt, **MUSTARD** Powder, Ground White Pepper.