

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

F00382
27 April 2026
27 April 2026
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Fletchers Medium Sliced Wholemeal Bread 8 x 800g e

Short Product Name:
Wholemeal Bread

Product Description:
A golden brown medium sliced wholemeal loaf.

General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :
F00382
Supplier: Kara Foodservice (Fletchers)
Park Seventeen
Moss Lane
Whitefield
Manchester
M45 8FJ
England
P: 0161 766 7471

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	05010066001120
Packaging Type Description :	
Total Quantity of Inner Units in Outer Case :	8 Units
Is Trade Item Splittable? :	Yes

Outer Case Length :	474 mm
Outer Case Width :	245 mm
Outer Case Height :	278 mm
Product Gross Weight :	6.89 kg
Product Net Weight :	6.40 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases
Quantity of Layers Per Pallet :	6 Layers
Quantity of Cases Per Pallet :	60 Cases

Pallet Height :	1.83 MTR
Pallet Gross Weight :	441.05 kg

Logistical Information

Shelf Life from Time of Production :	365 Days
Guaranteed Shelf Life on Delivery :	Not specified.

Minimum Order Quantity :	10 Cases
Delivery Lead Time :	4 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	3.00 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	477.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	250.00 g
Paper/Board :	0.00 g
Percentage Recycled Plastic :	0.00 %

Wood Total :	28,000.00 g
Is Pallet Returnable? :	Yes

Other Information

Supplier Comments :
Available through Rick Bestwick Ltd

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance :	United Kingdom
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Additional Origin Details :
N/A

Inner Pack Information

Internal GTIN :	Not specified.
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Packaging Type Description :	Polythene Bag
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Variable Weight Consumer Item :	No
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Net Drained Weight :	Not specified.
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Inner Unit Length :	230 mm
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Inner Unit Height :	125 mm
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Inner Unit Width :	110 mm
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Inner Product Weight :	800.00 g
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Inner Product Weight Units :	g
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Weight/Volume :
Not specified.

Handling Information

Directions For Use :

To defrost: remove from case and leave in bag at room temperature for approximately 3 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and use within 5 days.

Storage Instructions :

Keep frozen, store at -18°C or below. Once defrosted do not refreeze.

Dietary Information

Ingredients :

Wholemeal WHEAT Flour, Water, Salt, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Yeast, Emulsifiers (E472e, E471), Preservative (E282), SOYA Flour, Spirit Vinegar, Flour Treatment Agent (E300).

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	Yes
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	May Contain
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	Yes
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	Yes
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

Allergen Statement :

For allergens (including cereals containing gluten), see ingredients in CAPITALS.

Nutritional Information

Average Serving :	38.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	923.00 kJ
Energy per 100 G/ML :	218.00 kcal
Fat per 100 G/ML :	1.4 g
- of which Saturates per 100 G/ML :	0.4 g
- of which Mono-unsaturates per 100 G/ML :	0.5 g
- of which Polyunsaturates per 100 G/ML :	0.4 g
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	38.2 g
- of which Sugars per 100 G/ML :	2.4 g
- of which Polyols per 100 G/ML :	0.00 g
- of which Starch per 100 G/ML :	35.80 g
Fibre per 100 G/ML :	7.1 g
Protein per 100 G/ML :	9.7 g
Salt per 100 G/ML :	0.85 g
Sodium per 100 G\ML :	0.338 g

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	6.00 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	Yes
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Other Accreditation : Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of microbiological results?: No

Is shelf life testing undertaken?: No

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Enterobacteriaceae (cfu/g or ml)	Annually	<10	1000	-	
Moulds (cfu/g or ml)	Annually	<100	10000	-	
Salmonella	Annually	<0	0	25g	
Total Viable Count (TVC) (cfu/g or ml)	Annually	<1000	1000	-	
Yeast (cfu/g or ml)	Annually	<100	100000	-	

Analytical Standards

Test	Frequency	Target	Range	Sample (g or ml)	Note
Dimensions Height (mm)	Every Batch	=125	120 to 130	-	
Dimensions Width (mm)	Every Batch	=110	105 to 115	-	
Weight (g)	Every Batch	=800	185 to 815	-	