Supplier's Product Code :	NUT031
Product Added :	09 October 2026
Last Updated by Supplier :	09 October 2026
erudus id :	046676c963584f1b97b38174cbe5b66d

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Greenwheat Freekeh 1kg

Short Product Name:
Greenwheat Freekeh

Product Description:
Cracked Grain Freekeh (Triticum turgidum).

Supplier's Product Code :
NUT031
Supplier: Centaur Foods Ltd
Unit 2
Beaufort Trade Park
Pucklechurch
South Gloucestershire
BS16 9QH
United Kingdom
P: 0044 117 303 9337 M: 07969696976

General Information

Food/Drink :	Food
Product Category :	Ambient
Generic Product Type :	Beans & Pulses

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	5060103914593	Outer Case Length :	360 mm
Packaging Type Description :		Outer Case Width :	230 mm
Total Quantity of Inner Units in Outer Case :	10 Units	Outer Case Height :	270 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	10.50 kg
		Product Net Weight :	10.00 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	13 Cases	Pallet Height :	0.70 MTR
Quantity of Layers Per Pallet :	3 Layers	Pallet Gross Weight :	400.00 kg
Quantity of Cases Per Pallet :	39 Cases		

Logistical Information

Shelf Life from Time of Production :	730 Days	Minimum Order Quantity :	Not specified.
Guaranteed Shelf Life on Delivery :	90 Days	Delivery Lead Time :	Not specified.

Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	1.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	0.00 %	Other :	0.00 g
Paper/Board :	345.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	Not specified.	Wood Total :	Not specified.
Paper/Board :	Not specified.	Is Pallet Returnable? :	-
Percentage Recycled Plastic :	Not specified.		

Other Information

Supplier Comments :

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INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance :	Turkey

Additional Origin Details :
Not specified.

Inner Pack Information

Internal GTIN :	5060103912803
Packaging Type Description :	Plastic Bag
Variable Weight Consumer Item :	No
Net Drained Weight :	Not specified.

Inner Unit Length :	230 mm
Inner Unit Height :	20 mm
Inner Unit Width :	210 mm
Inner Product Weight :	1.00 kg
Inner Product Weight Units :	kg

Weight/Volume :
Not specified.

Handling Information

Directions For Use :
As per recipe.

Storage Instructions :
Cool, dry place away from direct sunlight

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Dietary Information

Ingredients :
Greenwheat Freekeh 100%

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	May Contain
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	May Contain
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	May Contain
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

Allergen Statement :
Not specified.

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Nutritional Information

Average Serving :	Not specified.
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,418.00 kJ
Energy per 100 G/ML :	339.00 kcal
Fat per 100 G/ML :	1.71 g
- of which Saturates per 100 G/ML :	0.31 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	72.73 g
- of which Sugars per 100 G/ML :	4.96 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	9.36 g
Protein per 100 G/ML :	12.85 g
Salt per 100 G/ML :	0.12 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	1.00 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	15.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	-
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Other Accreditation :
Not specified.

Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

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Standards Testing

Do you undertake trend analysis of microbiological results? :	No
Is shelf life testing undertaken? :	No

Microbiological Standards

Not available.

Analytical Standards

Not available.