Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id: 10001064 / 3UQG310 06 August 2025 06 August 2025 0531be7178544ad9870f085c53001d30



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Ard Quinoa Veg Stir Fry 10x1kg

Short Product Name: Quinoa Veg Stiry Fry

Product Description:

Tomatoes, curly kale, leek and soy beans with quinoa and brown rice, in a curry-ginger-seasoning, deep frozen. The used ingredients and raw materials are in accordance with the valid Ardo Austria Frost-Specifications.

General Information

| Food/Drink: | Food |
|------------------------|--------|
| Product Category: | Frozen |
| Generic Product Type : | |

Supplier's Product Code:

10001064/3UQG310 Supplier: Ardo UK Ashford Road Charing Nr Ashford Kent

TN27 0DF United Kingdom P: 01233 714411

OUTER PRODUCT

Outer case Information

| outer ouse information | | | |
|---|-----------------|-------------------------|----------------|
| Outer Case GTIN : | 5411361087381 | Outer Case Length: | 385 mm |
| Packaging Type Description : | | Outer Case Width: | 255 mm |
| Total Quantity of Inner Units in Outer Case : | 10 Units | Outer Case Height: | 257 mm |
| Is Trade Item Splittable? : | - | Product Gross Weight: | 10.20 kg |
| | | Product Net Weight: | 10.00 kg |
| Pallet Information | | | |
| Quantity of Cases Per Pallet Layer : | 80 Cases | Pallet Height: | 1.60 MTR |
| Quantity of Layers Per Pallet : | 8 Layers | Pallet Gross Weight: | 684.00 kg |
| Quantity of Cases Per Pallet: | 10 Cases | | |
| Logistical Information | | | |
| Shelf Life from Time of Production : | 912 Days | Minimum Order Quantity: | 3 Cases |
| Guaranteed Shelf Life on Delivery : | 100 Days | Delivery Lead Time : | 5 Days |
| Waste Packaging Weight - Outer | r Case | | |
| Glass: | 0.00 g | Aluminium: | 0.00 g |
| Plastic: | 0.00 g | Steel: | 0.00 g |
| Percentage Recycled Plastic: | Not specified. | Other: | 0.00 g |
| Paper/Board: | 252.00 g | Wood: | Not specified. |
| | | Fibre Based Composite : | Not specified. |
| Waste Packaging Weight - Tran | sport Packaging | | |
| Plastic: | 9.16 g | Wood Total : | 0.00 g |
| Paper/Board: | 10.50 g | Is Pallet Returnable? : | - |
| Percentage Recycled Plastic: | 0.00 % | | |

Other Information

Supplier Comments:

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance: Austria

Additional Origin Details:

Pack produce in Austria, distributed in Belgium

Inner Pack Information

Internal GTIN: 5411361087374 Packaging Type Description: Polythene Bag Variable Weight Consumer Item: Net Drained Weight: Not specified.

Inner Unit Length: 320 mm Inner Unit Height: 1 mm Inner Unit Width: 525 mm Inner Product Weight: 1000.00 g Inner Product Weight Units:

Weight/Volume:

Not specified.

Handling Information

Directions For Use:

Pan: Heat 1-2 tablespoons vegetable oil in a frying pan. Put the desired quantity of product in the frying pan and cook over medium heat, stirring frequently.
250g: 6-8 min; 500g 8-10 min
Microwave 850 W: Put the desired quantity of product in a non-metallic microwaveable bowl, cover and cook, stirring occasionally.
250g: 7-9 min; 500g 8-9 min

Storage Instructions: keep frozen -18°C

Dietary Information

Ingredients:

Vegetables 63% (tomatoes, curly kale, SOY BEANS, red onion, leek; in various proportions), quinoa precooked 17% (water, quinoa), brown rice, sunflower oil, water, seasoning (salt, maltodextrin, spices), sugar, curry powder, salt, garlic powder, ginger ground

Ingredients % Information
Tomatoes diced 23
Quinoa precooked 17 water, quinoa
Curly kale 16
Rice brown
Soy beans 10
Onion red 8
Leek julienne 6
Sunflower oil
Water
Seasoning salt, maltodextrin, spices, sunflower oil
Sugar
Curry powder curcuma, coriander, fenugreek, ginger, cumin, salt, corn starch, cayenne
pepper

Prod

pepper Salt Spices garlic powder, ginger ground

| luct contains: | Produ | ct co |
|----------------|-------|-------|
| | | |

| GM Protein/DNA : | No |
|---|-----|
| Celery/Celeriac (and products thereof): | No |
| Lupin (and products thereof): | No |
| Eggs (and products thereof) : | No |
| Fish (and products thereof): | No |
| Soybeans (and products thereof): | Yes |
| Milk (and products thereof) : | No |
| Mustard (and products thereof): | No |
| Peanuts (and products thereof): | No |
| Sesame Seeds (and products thereof): | No |
| Crustacea (and products thereof): | No |
| Molluscs (and products thereof): | No |
| Nuts (and products thereof) : | No |
| Almond nuts: | No |
| Hazelnuts: | No |
| Walnuts : | No |
| | |

ontains :

| Artificial Antioxidants : | No |
|--------------------------------|-----------------|
| Artificial Colours: | No |
| | ·· · |
| Artificial Flavourings : | No |
| Artificial Flavour Enhancers : | No |
| Artificial Preservatives : | No |
| Artificial Sweeteners : | No |
| | |

Product suitability:

| Suitable for a Vegetarian Diet: | Yes |
|---|-----|
| Suitable for a Vegan Diet : | Yes |
| Suitable for Sufferers of Lactose Intolerance : | - |
| Suitable for Coeliacs : | - |
| Approved for a Halal Diet: | No |
| Approved for a Kosher Diet : | No |
| HFSS (High in Fat, Salt and Sugar): | - |

| Pecan nuts : | No |
|---|----|
| Brazil nuts: | No |
| Pistachio nuts: | No |
| Macadamia nuts: | No |
| Queensland nuts : | No |
| Cereals Containing Gluten : | No |
| Wheat (and products thereof): | No |
| Rye (and products thereof) : | No |
| Barley (and products thereof): | No |
| Oats (and products thereof) : | No |
| Spelt (and products thereof): | No |
| Kamut (and products thereof) : | No |
| Gluten content <20ppm: | - |
| Hydrogenated Vegetable Oil/Fat: | No |
| Palm Oil : | No |
| Sulphur Dioxide and Sulphites : | No |
| Sulphur Dioxide/Sulphites Concentration : | 0 |

Allergen Statement :

Not specified.

Nutritional Information

| Average Serving: | 100.00 g or ml |
|--|----------------|
| Count per 100g: | 1 Portions |
| Count Per Pack : | Not specified. |
| Energy per 100 G/ML: | 480.00 kJ |
| Energy per 100 G/ML: | 115.00 kcal |
| Fat per 100 G/ML: | 5.7 g |
| - of which Saturates per 100 G/ML : | 0.5 g |
| - of which Mono-unsaturates per 100 G/ML : | Not specified. |
| - of which Polyunsaturates per 100 G/ML : | Not specified. |
| Trans Fats per 100 G\ML: | Not specified. |
| Carbohydrate Per 100 G/ML : | 11.2 g |
| - of which Sugars per 100 G/ML : | 2.1 g |
| - of which Polyols per 100 G/ML : | Not specified. |
| - of which Starch per 100 G/ML : | Not specified. |
| Fibre per 100 G/ML: | 2.2 g |
| Protein per 100 G/ML: | 3.6 g |
| Salt per 100 G/ML: | 0.83 g |
| Sodium per 100 G\ML: | 0 g |

| Vitamin C per 100g: | Not specified. |
|--|----------------|
| Folate/Folic Acid per 100g: | Not specified. |
| Calcium per 100g: | Not specified. |
| Iron per 100g: | Not specified. |
| Zinc per 100g: | Not specified. |
| Cholesterol per 100 G/ML (UK/FR): | Not specified. |
| Non Milk Extrinsic Sugars per 100gm: | Not specified. |
| Alcoholic Strength %Vol: | Not specified. |
| Fat Percentage in Dry Matter per 100g: | Not specified. |

Not specified.

Vitamin A per 100g:

Waste Packaging Weight - Inner Unit

| Glass: | 0.00 g |
|------------------------------|---------|
| Plastic: | 54.00 g |
| Percentage Recycled Plastic: | 0.00 % |
| Paper/Board: | 0.00 g |

| Aluminium: | 0.00 g |
|-------------------------|----------------|
| Steel: | 0.00 g |
| Other: | 0.00 g |
| Wood: | Not specified. |
| Fibre Based Composite : | Not specified. |

Accreditations / Certifications / Assurance Schemes

| BRCGS Certified Production: | Yes |
|---|-----|
| Red Tractor: | No |
| Fairtrade: | No |
| ${\sf Marine Stewardship Council Certified (MSC) :}$ | - |
| Organic: | No |
| SALSA (Safe & Local Supplier Approval): | No |
| British Lion Mark : | - |
| RSPCA Assured: | - |
| LEAF Marque (Linking Environment and Farming): | No |
| Rainforest Alliance : | No |
| Food for Life Supplier Scheme : | No |
| Quality Meat Scotland : | - |
| Farm Assured Welsh Livestock : | - |
| Northern Ireland Beef & Lamb Farm Quality Assurance Scheme : | - |
| Quality Standard Mark (Beef/Lamb) : | - |
| $Round table \ of \ Sustainable \ Palm \ Oil \ (RSPO):$ | No |
| School Approved (The Requirement for School Food Regulation 2014) : | No |
| IFS Food Standard : | No |
| Best Aquaculture Practices (BAP) Certification : | - |
| ISO 14001 (Environmental System): | No |
| FSSC 22000: | No |
| | |

| Other Accreditation: None | | |
|------------------------------|----------------|--|
| Intra Stat/Taric Code : | 20049098 | |
| Commodity Code : | 20049098 | |
| Identification/Health Marks: | Not specified. | |

Standards Testing

Do you undertake trend analysis of microbiological results?:

Is shelf life testing undertaken?: No

Microbiological Standards

| Organism | Frequency | Target | Maximum | Sample (g or ml) | Note |
|--|-------------|--------|---------|------------------|-------|
| Aerobic Colony Count (ACC) (cfu/g or ml) | Every Batch | <500 | 1500000 | - | cfu/g |
| E. Coli (cfu/g or ml) | Every Batch | <10 | 100 | - | cfu/g |
| Enterobacteriaceae (cfu/g or ml) | Every Batch | <1 | 10 | - | cfu/g |
| Listeria SPP | Every Batch | <10 | 100 | - | cfu/g |

Analytical Standards

Not available.