

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

FB042
20 April 2026
21 April 2026
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Fable Plant Based Meaty Pulled Mushrooms 1kg

Short Product Name:
FB042

Product Description:

A delicious and succulent culinary protein made from shiitake mushrooms. Crafted using simple and natural ingredients you'd recognise. Strictly free from GMO, preservatives and artificial ingredients. It's real food, real mushrooms – but better. Use it in all the same ways as braised beef, pulled pork and in some new ways too!

General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :
FB042
Supplier: Fable Food UK Limited
10 John Street

London
United Kingdom
WC1N 2EB
United Kingdom
P:
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OUTER PRODUCT

Outer case Information

Outer Case GTIN :	19356435000459	Outer Case Length :	375 mm
Packaging Type Description :		Outer Case Width :	270 mm
Total Quantity of Inner Units in Outer Case :	6 Units	Outer Case Height :	150 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	6.50 kg
		Product Net Weight :	6.00 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases	Pallet Height :	1.65 MTR
Quantity of Layers Per Pallet :	11 Layers	Pallet Gross Weight :	120.00 kg
Quantity of Cases Per Pallet :	110 Cases		

Logistical Information

Shelf Life from Time of Production :	1,095 Days	Minimum Order Quantity :	30 Cases
Guaranteed Shelf Life on Delivery :	90 Days	Delivery Lead Time :	4 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	0.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	Not specified.	Other :	0.00 g
Paper/Board :	549.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	10,000.00 g	Wood Total :	0.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	-
Percentage Recycled Plastic :	100.00 %		

Other Information

Supplier Comments :
Not specified

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance : Malaysia

Additional Origin Details :
Not specified.

Inner Pack Information

Internal GTIN : 9356435000452

Packaging Type Description : Plastic Bag

Variable Weight Consumer Item : No

Net Drained Weight : Not specified.

Inner Unit Length : 280 mm

Inner Unit Height : 45 mm

Inner Unit Width : 195 mm

Inner Product Weight : 1.00 kg

Inner Product Weight Units : kg

Weight/Volume :
Not specified.

Handling Information

Directions For Use :

Product must be cooked. After thawing, grill or pan-cook on medium to high heat for 3-4 minutes or until cooked through.

Storage Instructions :

Keep frozen at or below -18°C. Once thawed, keep refrigerated at or below 4°C and use within 7 days. Consume within 3 days of opening.

Dietary Information

Ingredients :

Mushroom (45%) (Naturally Occurring SULPHITES), Water, Coconut Oil, SOY Protein Isolate, Canola Oil, Tapioca Flour, Gluten Free SOY Sauce, Salt, Yeast Extract, White Pepper, Mushroom Powder, Black Pepper

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	Yes
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	May Contain
Wheat (and products thereof) :	May Contain
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	May Contain
Kamut (and products thereof) :	May Contain
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	Yes - above 10mg per kg/litre
Sulphur Dioxide/Sulphites Concentration :	25 mg/kg

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	Yes
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	No

Allergen Statement :

CONTAINS: SOY and SULPHITES. MAY CONTAIN: WHEAT since this product is manufactured in a facility that processes other food products which may contain these ingredients.

Nutritional Information

Average Serving :	90.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,300.00 kJ
Energy per 100 G/ML :	310.00 kcal
Fat per 100 G/ML :	18 g
- of which Saturates per 100 G/ML :	9.7 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	3.9 g
- of which Sugars per 100 G/ML :	0 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	15 g
Protein per 100 G/ML :	11 g
Salt per 100 G/ML :	0.98 g
Sodium per 100 G\ML :	0.393 g

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	10.70 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	No
Red Tractor :	-
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured :	-
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	No
FSSC 22000 :	Yes

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	1.00 mg
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Other Accreditation : HACCP, GMP	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of microbiological results?: -

Is shelf life testing undertaken?: -

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Every Batch	<0	100	180g	<100cfu/g
Clostridium Perfringens (cfu/g or ml)	Every Batch	<0	100	180g	<100cfu/g
Coagulase-positive Staphylococci (cfu/g or ml)	Every Batch	<0	100	180g	<100cfu/g
Coliforms (cfu/g or ml)	Every Batch	<0	100	180g	<100cfu/g
E. Coli (cfu/g or ml)	Every Batch	<0	3	180g	<3MPN/g
Listeria Monocytogenes	Every Batch	<0	0	180g	Not Detected in 25g
Listeria SPP	Every Batch	<0	0	180g	Not Detected in 25g
Moulds (cfu/g or ml)	Every Batch	<0	1000	180g	<1000cfu/g
Salmonella	Every Batch	<0	0	180g	Not Detected in 25g
Total Viable Count (TVC) (cfu/g or ml)	Every Batch	<0	100000	180g	Standard Plate Count < 100,000 cfu/g
Yeast (cfu/g or ml)	Every Batch	<0	1000	180g	<1000cfu/g

Analytical Standards

Not available.