

Supplier's Product Code : 32552  
Product Added : 10 April 2026  
Last Updated by Supplier : 10 April 2026  
erudus id : 180ffb506f684682b82663e8b973c434



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## Sysco Essentials Omega 3 Breaded MSC Cod Fish Finger

Short Product Name:

Omega 3 Breaded MSC Cod Fish Finger

Product Description:

Minced cod fish fingers coated in breadcrumbs & flash-fried; 120 x 25g approximately

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

### Brand Information

Brand Owner :	Sysco GB Limited
Product Code :	32552

Supplier's Product Code :  
32552  
Supplier: Sysco GB Limited  
Enterprise House  
Eureka Science Park  
Ashford  
Kent  
TN25 4AG  
United Kingdom  
P:.....

## OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	5024333150213
Packaging Type Description :	
Total Quantity of Inner Units in Outer Case :	1 Units
Is Trade Item Splittable? :	-

Outer Case Length :	294 mm
Outer Case Width :	194 mm
Outer Case Height :	142 mm
Product Gross Weight :	3.15 kg
Product Net Weight :	3.00 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	20 Cases
Quantity of Layers Per Pallet :	10 Layers
Quantity of Cases Per Pallet :	200 Cases

Pallet Height :	1.68 MTR
Pallet Gross Weight :	Not specified.

### Logistical Information

Shelf Life from Time of Production :	540 Days
Guaranteed Shelf Life on Delivery :	Not specified.

Minimum Order Quantity :	Not specified.
Delivery Lead Time :	Not specified.

### Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	0.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	108.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

### Waste Packaging Weight - Transport Packaging

Plastic :	Not specified.
Paper/Board :	Not specified.
Percentage Recycled Plastic :	Not specified.

Wood Total :	Not specified.
Is Pallet Returnable? :	-

### Other Information

Supplier Comments :	
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## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance : United Kingdom

#### Additional Origin Details :

Cod: Trawl caught in North East Atlantic, FAO 27, Produced and packed in: United Kingdom

### Inner Pack Information

Internal GTIN : Not specified.

Packaging Type Description : Not Provided

Variable Weight Consumer Item : No

Net Drained Weight : Not specified.

Inner Unit Length : 0 mm

Inner Unit Height : 0 mm

Inner Unit Width : 0 mm

Inner Product Weight : 3.00 kg

Inner Product Weight Units : kg

#### Weight/Volume :

Not specified.

### Handling Information

#### Directions For Use :

OVEN COOKING GUIDELINES FROM FROZEN: Remove from outer packaging. Place product on a baking tray in a pre-heated fan assisted oven at 200°C/ Gas mark 7 for approximately 12 minutes.

DEEP FRY: Remove from packaging. Deep fry in hot oil at 180°C for approximately 4 minutes

#### Storage Instructions :

Keep Frozen at -18°C or below.

## Dietary Information

### Ingredients :

Cod (FISH) (58%), WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin,thiamin), rapeseed oil, water, yeast, salt, colour (paprika extract, curcumin),turmeric.

### Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	Yes
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	-

### Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	No
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

### Allergen Statement :

Not specified.

## Nutritional Information

Average Serving :	50.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	855.00 kJ
Energy per 100 G/ML :	204.00 kcal
Fat per 100 G/ML :	7.8 g
- of which Saturates per 100 G/ML :	0.8 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	21 g
- of which Sugars per 100 G/ML :	1.1 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	1.2 g
Protein per 100 G/ML :	12 g
Salt per 100 G/ML :	0.44 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

## Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	49.50 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	-
Fairtrade :	-
Marine Stewardship Council Certified (MSC) :	Yes
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	-
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

<b>Other Accreditation :</b>	Not specified.
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

## Standards Testing

Do you undertake trend analysis of  
microbiological results? : -

Is shelf life testing undertaken? : -

## Microbiological Standards

Not available.

## Analytical Standards

Not available.