

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

F01557
02 April 2026
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Kara MK5 Premium Floured Bap 6 x 8

Short Product Name:
Premium Floured Bap 6 x 8

Product Description:
Part of Kara's Ultimate Floured Range, this is a soft white double water-split bread bap dusted with flour and pre-sliced.

General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :
F01557
Supplier: Kara Foodservice (Fletchers)
Park Seventeen
Moss Lane
Whitefield
Manchester
M45 8FJ
England
P: 0161 766 7471

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	05010066115575
Packaging Type Description :	
Total Quantity of Inner Units in Outer Case :	48 Units
Is Trade Item Splittable? :	No

Outer Case Length :	478 mm
Outer Case Width :	275 mm
Outer Case Height :	243 mm
Product Gross Weight :	4.42 kg
Product Net Weight :	4.18 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases
Quantity of Layers Per Pallet :	6 Layers
Quantity of Cases Per Pallet :	60 Cases

Pallet Height :	1.81 MTR
Pallet Gross Weight :	298.14 kg

Logistical Information

Shelf Life from Time of Production :	365 Days
Guaranteed Shelf Life on Delivery :	Not specified.

Minimum Order Quantity :	240 Cases
Delivery Lead Time :	4 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	0.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	371.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	250.00 g
Paper/Board :	0.00 g
Percentage Recycled Plastic :	0.00 %

Wood Total :	28,000.00 g
Is Pallet Returnable? :	Yes

Other Information

Supplier Comments :
n/a

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance : United Kingdom

Additional Origin Details :
N/A

Inner Pack Information

Internal GTIN : Not specified.

Packaging Type Description : Polythene Bag

Variable Weight Consumer Item : No

Net Drained Weight : Not specified.

Inner Unit Length : 400 mm

Inner Unit Height : 100 mm

Inner Unit Width : 320 mm

Inner Product Weight : 92.00 g

Inner Product Weight Units : g

Weight/Volume :
Not specified.

Handling Information

Directions For Use :

Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days Do not refreeze.

Storage Instructions :

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not refreeze.

Dietary Information

Ingredients :

WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers: E471, E472(e), Flour Treatment Agents: E300, E920.

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	May Contain
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	No

Allergen Statement :

For allergens, including cereals containing Gluten, see ingredients in CAPITALS.

MAY CONTAIN SESAME SEEDS

Nutritional Information

Average Serving :	92.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,013.00 kJ
Energy per 100 G/ML :	239.00 kcal
Fat per 100 G/ML :	1.5 g
- of which Saturates per 100 G/ML :	0.2 g
- of which Mono-unsaturates per 100 G/ML :	0.6 g
- of which Polyunsaturates per 100 G/ML :	0.7 g
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	47 g
- of which Sugars per 100 G/ML :	4 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	3 g
Protein per 100 G/ML :	8 g
Salt per 100 G/ML :	0.9 g
Sodium per 100 G\ML :	0.372 g

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	6.87 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	Yes
IFS Food Standard :	Yes
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	Yes
FSSC 22000 :	No

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Other Accreditation : N/A	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of microbiological results?: No

Is shelf life testing undertaken? : Yes

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Annually	<10	100	-	
E. Coli (cfu/g or ml)	Annually	<10	100	-	
Enterobacteriaceae (cfu/g or ml)	Annually	<10	1000	-	
Moulds (cfu/g or ml)	Annually	<100	10000	-	
Staphylococcus Aureus (cfu/g or ml)	Annually	<20	100	-	
Total Viable Count (TVC) (cfu/g or ml)	Annually	<1000	100000	-	
Yeast (cfu/g or ml)	Annually	<100	10000	-	

Analytical Standards

Test	Frequency	Target	Range	Sample (g or ml)	Note
Calorie Content (kcal)	Annually	=220	220 to 220	-	
Dimensions Diameter (mm)	Hourly	<123	120 to 126	-	
Dimensions Height (mm)	Hourly	<50	47 to 53	-	
Fat Content (%)	Annually	=1.3	1.3 to 1.3	-	
Salt Content (%)	Annually	=0.8	0.8 to 0.8	-	
Sugar Content (%)	Annually	=3.5	3.5 to 3.5	-	
Weight (g)	Hourly	<92	87 to 97	-	