

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

F00266  
11 March 2026  
11 March 2026  
2a83be51a1774f03b76699f40673e317



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## Kara MK4 Floured Bap 4 x 12

Short Product Name:  
MK4 Floured Bap

Product Description:  
A soft white bread bap, dusted with flour.

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :  
F00266  
Supplier: Kara Foodservice (Fletchers)  
Park Seventeen  
Moss Lane  
Whitefield  
Manchester  
M45 8FJ  
England  
P: 0161 766 7471

## OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	5011639001165
Packaging Type Description :	
Total Quantity of Inner Units in Outer Case :	48 Units
Is Trade Item Splittable? :	No

Outer Case Length :	400 mm
Outer Case Width :	300 mm
Outer Case Height :	180 mm
Product Gross Weight :	2.73 kg
Product Net Weight :	2.16 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases
Quantity of Layers Per Pallet :	10 Layers
Quantity of Cases Per Pallet :	100 Cases

Pallet Height :	1.96 MTR
Pallet Gross Weight :	301.20 kg

### Logistical Information

Shelf Life from Time of Production :	365 Days
Guaranteed Shelf Life on Delivery :	Not specified.

Minimum Order Quantity :	240 Cases
Delivery Lead Time :	4 Days

### Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	0.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	332.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

### Waste Packaging Weight - Transport Packaging

Plastic :	0.00 g
Paper/Board :	0.00 g
Percentage Recycled Plastic :	Not specified.

Wood Total :	28,200.00 g
Is Pallet Returnable? :	-

### Other Information

Supplier Comments :  
N/A

## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance :	United Kingdom
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**Additional Origin Details :**  
N/A

### Inner Pack Information

Internal GTIN :	Not specified.
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Packaging Type Description :	Polythene Bag
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Variable Weight Consumer Item :	No
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Net Drained Weight :	Not specified.
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Inner Unit Length :	460 mm
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Inner Unit Height :	90 mm
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Inner Unit Width :	265 mm
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Inner Product Weight :	50.00 g
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Inner Product Weight Units :	g
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**Weight/Volume :**  
Not specified.

### Handling Information

**Directions For Use :**

Defrost thoroughly before use. Remove from case and leave in pack at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days. Do not refreeze.

**Storage Instructions :**

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not refreeze.

## Dietary Information

### Ingredients :

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Salt, Yeast, Sugar, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.

### Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	May Contain
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

### Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

### Allergen Statement :

Not specified.

## Nutritional Information

Average Serving :	50.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,042.00 kJ
Energy per 100 G/ML :	246.00 kcal
Fat per 100 G/ML :	1.7 g
- of which Saturates per 100 G/ML :	0.2 g
- of which Mono-unsaturates per 100 G/ML :	0.7 g
- of which Polyunsaturates per 100 G/ML :	0.8 g
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	46.9 g
- of which Sugars per 100 G/ML :	3.4 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	3.3 g
Protein per 100 G/ML :	9 g
Salt per 100 G/ML :	0.9 g
Sodium per 100 G\ML :	0.346 g

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

## Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	7.90 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	Yes
IFS Food Standard :	Yes
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	Yes
FSSC 22000 :	No

<b>Other Accreditation :</b> N/A	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

## Standards Testing

Do you undertake trend analysis of microbiological results?: No

Is shelf life testing undertaken? : Yes

### Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Annually	<10	100	-	
E. Coli (cfu/g or ml)	Annually	<10	100	-	
Enterobacteriaceae (cfu/g or ml)	Annually	<10	1000	-	
Moulds (cfu/g or ml)	Annually	<100	10000	-	
Staphylococcus Aureus (cfu/g or ml)	Annually	<20	100	-	
Total Viable Count (TVC) (cfu/g or ml)	Annually	<1000	100000	-	
Yeast (cfu/g or ml)	Annually	<100	10000	-	

### Analytical Standards

Test	Frequency	Target	Range	Sample (g or ml)	Note
Calorie Content (kcal)	Annually	=123	123 to 123	-	
Dimensions Diameter (mm)	Hourly	<101	98 to 104	-	
Dimensions Height (mm)	Hourly	<42	39 to 45	-	
Fat Content (%)	Annually	=0.9	0.9 to 0.9	-	
Salt Content (%)	Annually	=0.5	0.5 to 0.5	-	
Sugar Content (%)	Annually	=1.7	1.7 to 1.7	-	
Weight (g)	Hourly	<50	45 to 55	-	