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# Rude Health Crunchy Almond Granola

### Short Product Name:

#### Product Description:

IT'S ALMOND CRUNCH TIME. Plant-based - High Fibre - Wholegrain - Vegan - Non GMO - Kosher GET LOUD. This granola is many things; quiet is not one of them. We cluster oats with just the right amount of raw cane sugar and sunflower oil to give it bite, add puffed wheat to give it a gentle crunch and add roasted Meiterranean almonds to tum that crunch up to eleven. Start your day loud and proud, and don't worry if the neighbours complain about the noise. RUDE HEALTH. We started mixing the Ultimate Muesli at our breakfast table in 2005. Today, it's a bigger table, but our approach to food and drink is the same. Brilliant ingredients. Nothing artificial. A life lived in rude health. Tuck In.

#### **General Information**

Food/Drink :	Food
Product Category :	Ambient
Generic Product Type :	Cereals

# Supplier's Product Code : 242

Supplier: Rude Health 212 New Kings Road

0.00 g

Not specified.

Not specified.

Not specified.

London

SW6 4NZ England P: 0207 731 3740

# OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	05060120285409	Outer Case Length :	384 mm
Packaging Type Description :	Case	Outer Case Width :	118 mm
Total Quantity of Inner Units in Outer Case :	6 Units	Outer Case Height :	220 mm
Is Trade Item Splittable? :	-	Product Gross Weight :	437.00 kg
		Product Net Weight :	400.00 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	104 Cases	Pallet Height :	1.53 MTR
Quantity of Layers Per Pallet :	4 Layers	Pallet Gross Weight :	45.45 kg
Quantity of Cases Per Pallet :	26 Cases		
Logistical Information			
Shelf Life from Time of Production :	365 Days	Minimum Order Quantity :	26 Cases
Guaranteed Shelf Life on Delivery :	213 Days	Delivery Lead Time :	5 Days
Waste Packaging Weight - Ou	iter Case		
Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	0.00 g	Steel :	0.00 g

Other :

Wood :

### Waste Packaging Weight - Transport Packaging

Plastic :	Not specified.
Paper/Board :	Not specified.
Percentage Recycled Plastic :	Not specified.

Not specified.

358.00 g

## Other Information

Percentage Recycled Plastic :

Paper/Board :

Supplier Comments : Not specified. Wood Total : Is Pallet Returnable? :

Fibre Based Composite :

# INNER PRODUCT

# Origin Information

Product Country of Origin/Place of Provenance :

Switzerland

# Inner Pack Information

Internal GTIN :	5060120285393
Packaging Type Description :	Box
Variable Weight Consumer Item :	No
Net Drained Weight :	0.400 kg

Inner Unit Length :	215 mm
Inner Unit Height :	109 mm
Inner Unit Width :	61 mm
Inner Product Weight :	Not specified.
Inner Product Weight Units :	g
Weight/Volume :	

400g

# Handling Information

**Directions For Use :** Use with dairy or non dairy milk Storage Instructions : Store Ambient

Additional Origin Details : Not specified.

### **Dietary Information**

#### Ingredients :

OATS, Raw Cane Sugar, BARLEY flakes, Sunflower Oil, Roasted ALMONDS, WHEAT Flour, RYE Flour, Puffed WHEAT, Rice Flour

Product contains:	
GM Protein/DNA :	No
Celery/Celeriac (and products thereof):	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	Yes
Almond nuts :	Yes
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof):	Yes
Rye (and products thereof) :	Yes
Barley (and products thereof) :	Yes
Oats (and products thereof) :	Yes
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	May Contain
Gluten content <20ppm:	No
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	-

Product contains :	
Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	Yes
Suitable for Coeliacs :	No
Approved for a Halal Diet:	No
Approved for a Kosher Diet :	Yes
HFSS (High in Fat, Salt and Sugar) :	-

Allergen Statement :

Made in a facility which handles milk, soya and other nuts.

### Nutritional Information

Average Serving :	Not specified.
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,930.00 kJ
Energy per 100 G/ML :	460.00 kcal
Fat per 100 G/ML :	18 g
- of which Saturates per 100 G/ML :	2.1 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	61 g
Carbohydrate Per 100 G/ML :	61g 12g
	C
- of which Sugars per 100 G/ML :	12 g
- of which Sugars per 100 G/ML : - of which Polyols per 100 G/ML :	12 g Not specified.
<ul> <li>- of which Sugars per 100 G/ML:</li> <li>- of which Polyols per 100 G/ML:</li> <li>- of which Starch per 100 G/ML:</li> </ul>	12 g Not specified. Not specified.
<ul> <li>- of which Sugars per 100 G/ML:</li> <li>- of which Polyols per 100 G/ML:</li> <li>- of which Starch per 100 G/ML:</li> <li>Fibre per 100 G/ML:</li> </ul>	12 g Not specified. Not specified. 7.1 g

Vitamin A per 100g :	Not specified.
Vitamin C per 100g:	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR):	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

# Waste Packaging Weight - Inner Unit

Glass :	0.00 g	Aluminium :
Plastic :	9.00 g	Steel :
Percentage Recycled Plastic :	Not specified.	Other :
Paper/Board :	37.00 g	Wood :

# Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC):	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	No
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification	No
ISO 14001 (Environmental System):	No
FSSC 22000 :	No

Aluminium :	0.00 g
Steel:	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Other Accreditation : Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

# Standards Testing

Do you undertake trend analysis of microbiological results?:	No
Is shelf life testing undertaken? :	No

# Microbiological Standards

Not available.

## Analytical Standards

Not available.