

Supplier's Product Code : 10569
Product Added : 07 June 2019
Last Updated by Supplier : 15 November 2022
erudus id : 44a8bae4a3f04b429d210042d745af08



The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

Thin Porridge Oats 8x1kg

Short Product Name:
Thin Porridge Oats

Product Description:
Characteristic Thin Oatflakes produced from cleaned pinhead (cut) whole oats with a thickness of c. 11 thousandths of an inch. The product is stabilised to prevent enzymic rancidity development.

General Information

Food/Drink :	Food
Product Category :	Ambient
Generic Product Type :	Cereals

Supplier's Product Code :
10569
Supplier: Alara Wholefoods Ltd
110-112 Camley Street
London
London

N1C 4PF
United Kingdom
P: 02072559728

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	Not specified.	Outer Case Length :	395 mm
Packaging Type Description :	Poly Treated PET/PE	Outer Case Width :	295 mm
Total Quantity of Inner Units in Outer Case :	8 Units	Outer Case Height :	225 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	1.10 kg
		Product Net Weight :	1.00 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases	Pallet Height :	1.80 MTR
Quantity of Layers Per Pallet :	6 Layers	Pallet Gross Weight :	480.00 kg
Quantity of Cases Per Pallet :	60 Cases		

Logistical Information

Shelf Life from Time of Production :	365 Days	Minimum Order Quantity :	Not specified.
Guaranteed Shelf Life on Delivery :	351 Days	Delivery Lead Time :	14 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	0.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	Not specified.	Other :	0.00 g
Paper/Board :	360.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	Not specified.	Wood Total :	Not specified.
Paper/Board :	Not specified.	Is Pallet Returnable? :	-
Percentage Recycled Plastic :	Not specified.		

Other Information

Supplier Comments :
Not Specified

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance :	United Kingdom
---	----------------

Additional Origin Details :
Not specified.

Inner Pack Information

Internal GTIN :	Not specified.
-----------------	----------------

Packaging Type Description :	Poly Treated PET/PE
------------------------------	---------------------

Variable Weight Consumer Item :	No
---------------------------------	----

Net Drained Weight :	Not specified.
----------------------	----------------

Inner Unit Length :	205 mm
---------------------	--------

Inner Unit Height :	295 mm
---------------------	--------

Inner Unit Width :	40 mm
--------------------	-------

Inner Product Weight :	Not specified.
------------------------	----------------

Inner Product Weight Units :	g
------------------------------	---

Weight/Volume :
14g

Handling Information

Directions For Use :

Mix 40g of Oats with 180ml of milk or water. Hob: Cook for 2-3 minutes stirring constantly until the desired consistency is reached. Microwave: Cook for 3 minutes (650W) then stir and leave it for 1 minute.

Storage Instructions :

Ambient

Dietary Information

Ingredients :

100% Wholegrain OATflakes

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	May Contain
Milk (and products thereof) :	May Contain
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	May Contain
Sesame Seeds (and products thereof) :	May Contain
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	May Contain
Almond nuts :	May Contain
Hazelnuts :	May Contain
Walnuts :	May Contain
Cashew nuts :	May Contain
Pecan nuts :	May Contain
Brazil nuts :	May Contain
Pistachio nuts :	May Contain
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	May Contain
Rye (and products thereof) :	May Contain
Barley (and products thereof) :	May Contain
Oats (and products thereof) :	Yes
Spelt (and products thereof) :	May Contain
Kamut (and products thereof) :	No
Gluten content <20ppm :	Yes
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	May Contain
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	Yes
Suitable for Coeliacs :	No
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

Allergen Statement :

Not specified.

Nutritional Information

Average Serving :	40.00 g or ml
Count per 100g :	2.5 Portions
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,543.00 kJ
Energy per 100 G/ML :	367.00 kcal
Fat per 100 G/ML :	8.4 g
- of which Saturates per 100 G/ML :	1.3 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	56.1 g
- of which Sugars per 100 G/ML :	1 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	9.1 g
Protein per 100 G/ML :	12.1 g
Salt per 100 G/ML :	0 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	14.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	No
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	Yes
FSSC 22000 :	No

Other Accreditation : Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of microbiological results?: No

Is shelf life testing undertaken?: No

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Moulds (cfu/g or ml)	Annually	<1000	5000	100g	
Salmonella	Annually	=0	0	25g	
Staphylococcus Aureus (cfu/g or ml)	Annually	<20	100	100g	
Total Viable Count (TVC) (cfu/g or ml)	Annually	<1000	100000	100g	
Yeast (cfu/g or ml)	Annually	<1000	5000	100g	

Analytical Standards

Test	Frequency	Target	Range	Sample (g or ml)	Note
Weight (g)	Hourly	<1000	970 to 1030	-	