

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

F01146  
11 March 2026  
11 March 2026  
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## Kara Sugar Jam Doughnuts x 60

Short Product Name:  
Sugar Jam Doughnuts

Product Description:  
A rich sweet yeasted dough that has been deep fried in vegetable oil, dusted with a sugar coating and injected with an apple and raspberry jam filling.

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :  
F01146  
Supplier: Kara Foodservice (Fletchers)  
Park Seventeen  
Moss Lane  
Whitefield  
Manchester  
M45 8FJ  
England  
P: 0161 766 7471

## OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	05010066111461	Outer Case Length :	516 mm
Packaging Type Description :		Outer Case Width :	246 mm
Total Quantity of Inner Units in Outer Case :	60 Units	Outer Case Height :	158 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	4.74 kg
		Product Net Weight :	4.38 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	8 Cases	Pallet Height :	1.90 MTR
Quantity of Layers Per Pallet :	11 Layers	Pallet Gross Weight :	447.40 kg
Quantity of Cases Per Pallet :	88 Cases		

### Logistical Information

Shelf Life from Time of Production :	365 Days	Minimum Order Quantity :	8 Cases
Guaranteed Shelf Life on Delivery :	90 Days	Delivery Lead Time :	4 Days

### Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	3.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	0.00 %	Other :	0.00 g
Paper/Board :	285.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

### Waste Packaging Weight - Transport Packaging

Plastic :	250.00 g	Wood Total :	28,000.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	No
Percentage Recycled Plastic :	0.00 %		

### Other Information

Supplier Comments :

## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance : United Kingdom

**Additional Origin Details :**  
Not specified.

### Inner Pack Information

Internal GTIN : Not specified.

Packaging Type Description : Acetate Tray

Variable Weight Consumer Item : No

Net Drained Weight : Not specified.

Inner Unit Length : 237 mm

Inner Unit Height : 78 mm

Inner Unit Width : 170 mm

Inner Product Weight : 73.00 g

Inner Product Weight Units : g

**Weight/Volume :**  
Not specified.

### Handling Information

**Directions For Use :**

To defrost: Keep frozen until use. To defrost: remove from case and leave in pack at room temperature for approximately 3 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 1 day.

**Storage Instructions :**

Keep frozen, store frozen at -18°C or below. Once defrosted do not re-freeze.

## Dietary Information

### Ingredients :

Wheat Flour (<b>Wheat </b>Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Apple & Raspberry Jam (20%) (Glucose-Fructose Syrup, Apple Purée, Sugar, Raspberry Purée, Acidity Regulators: E330, E331(iii); Colour: E163; Gelling Agent: E440(a); Flavouring), Palm Oil, Sweet Dust (Dextrose, Cornflour, Palm Oil), Rapeseed Oil, Dextrose, Sugar, Raising Agents: E501, E450, E341; <b>Wheat </b>Gluten, Yeast, Emulsifiers: E481, E471; Potassium Chloride, Salt, Stabiliser: E466; Flour Treatment Agent: E300.

### Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	May Contain
Fish (and products thereof) :	No
Soybeans (and products thereof) :	May Contain
Milk (and products thereof) :	May Contain
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	May Contain
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	Yes
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

### Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

### Allergen Statement :

Not specified.

## Nutritional Information

Average Serving :	73.00 g or ml
Count per 100g :	1 Servings
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,230.00 kJ
Energy per 100 G/ML :	292.00 kcal
Fat per 100 G/ML :	8.3 g
- of which Saturates per 100 G/ML :	3 g
- of which Mono-unsaturates per 100 G/ML :	3.5 g
- of which Polyunsaturates per 100 G/ML :	1.4 g
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	47.3 g
- of which Sugars per 100 G/ML :	15.5 g
- of which Polyols per 100 G/ML :	0.00 g
- of which Starch per 100 G/ML :	28.80 g
Fibre per 100 G/ML :	1.9 g
Protein per 100 G/ML :	6.2 g
Salt per 100 G/ML :	0.27 g
Sodium per 100 G\ML :	0.108 g

## Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	15.84 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	Yes
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	0.00 g
Non Milk Extrinsic Sugars per 100gm :	0.00 g
Alcoholic Strength %Vol :	0.00 % Vol
Fat Percentage in Dry Matter per 100g :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

<b>Other Accreditation :</b> Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

## Standards Testing

Do you undertake trend analysis of microbiological results?: No

Is shelf life testing undertaken?: No

## Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Enterobacteriaceae (cfu/g or ml)	Annually	<10	1000	-	
Moulds (cfu/g or ml)	Annually	<100	10000	-	
Salmonella	Annually	<0	0	25g	Absent in 25g sample
Total Viable Count (TVC) (cfu/g or ml)	Annually	<1000	1000	-	
Yeast (cfu/g or ml)	Annually	<100	100000	-	

## Analytical Standards

Test	Frequency	Target	Range	Sample (g or ml)	Note
Dimensions Diameter (mm)	Hourly	=78	73 to 83	-	
Dimensions Height (mm)	Hourly	=43	38 to 48	-	
Weight (g)	Hourly	=73	68 to 78	-	