

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

F0607
02 June 2026
02 June 2026
7501c4def564440aab8425080855cec6



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GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Short Product Name:

GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Product Description:

Fishcakes made with a blend of pre fried potato, cod & prawns with subtle Thai spices, coated in seasoned chilli and parsley flecked crispy gluten free batter

General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :
F0607
Supplier: Paramount 21 Ltd
Paramount 21 Ltd, Old Newton Road
Heathfield
Newton Abbot
Devon
TQ126RA
United Kingdom
P: 01626 837650

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	5024030006073	Outer Case Length :	304 mm
Packaging Type Description :		Outer Case Width :	214 mm
Total Quantity of Inner Units in Outer Case :	24 Units	Outer Case Height :	114 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	2.94 kg
		Product Net Weight :	2.74 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	16 Cases	Pallet Height :	1.66 MTR
Quantity of Layers Per Pallet :	13 Layers	Pallet Gross Weight :	640.48 kg
Quantity of Cases Per Pallet :	208 Cases		

Logistical Information

Shelf Life from Time of Production :	547 Days	Minimum Order Quantity :	208 Cases
Guaranteed Shelf Life on Delivery :	Not specified.	Delivery Lead Time :	7 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	2.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	0.00 %	Other :	0.00 g
Paper/Board :	177.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	400.00 g	Wood Total :	30,000.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	No
Percentage Recycled Plastic :	0.00 %		

Other Information

Supplier Comments :
ACS&T normal delivery,
direct delivery 1 week and subject to £2K minimum order.

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance :	United Kingdom
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Additional Origin Details :
UK

Inner Pack Information

Internal GTIN :	Not specified.
Packaging Type Description :	Box
Variable Weight Consumer Item :	No
Net Drained Weight :	Not specified.

Inner Unit Length :	95 mm
Inner Unit Height :	25 mm
Inner Unit Width :	95 mm
Inner Product Weight :	114.00 g
Inner Product Weight Units :	g

Weight/Volume :
Not specified.

Handling Information

Directions For Use :

Cooking Guidelines: For best results, cook from frozen.
Deep Fry: in preheated oil at 180°C for 8 minutes.
Oven Bake: place on a baking tray in a preheated oven at 200°C for 20 minutes.
Air Fry: Pre-heat the air fryer to 180°C. Place the product in a single layer in the basket & cook the product for 14 minutes, turning half way. Leave product to stand for 1 minute before serving.
All cooking appliances vary in performance, these are guidelines only. Always check that the product is piping hot throughout before serving.

Storage Instructions :

Keep frozen at -18°C or below. Do not refreeze if allowed to thaw.

Dietary Information

Ingredients :

INGREDIENTS : pre fried potato (26%) [potato, sunflower oil], cod (FISH) (17%), water, prawns (CRUSTACEANS) (10%) [prawns, water, salt], potato, rice flour, maize starch, rapeseed oil, gram flour, dehydrated potato, salt, sugar, amaranth flour, skimmed MILK powder, red chilli flakes, spices (ginger, coriander), garlic powder, onion powder, dextrose, raising agents (E450i, E500ii), parsley, lemongrass extract, thickening agent (E415).

WARNING: Although every care has been taken to remove all bones & pieces of shell, some small may remain.

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	Yes
Soybeans (and products thereof) :	No
Milk (and products thereof) :	Yes
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	Yes
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	No
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	Yes
Approved for a Halal Diet :	Yes
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	No
Wheat (and products thereof) :	No
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	Yes
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Allergen Statement :

ALLERGY ADVICE: For allergens, see ingredients in CAPITALS.

Gluten free product.

Nutritional Information

Average Serving :	Not specified.
Count per 100g :	0.88 Pieces
Count Per Pack :	Not specified.
Energy per 100 G/ML :	772.00 kJ
Energy per 100 G/ML :	184.00 kcal
Fat per 100 G/ML :	8.3 g
- of which Saturates per 100 G/ML :	0.66 g
- of which Mono-unsaturates per 100 G/ML :	4.95 g
- of which Polyunsaturates per 100 G/ML :	2.32 g
Trans Fats per 100 G/ML :	Not specified.
Carbohydrate Per 100 G/ML :	20.1 g
- of which Sugars per 100 G/ML :	1.3 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	1.2 g
Protein per 100 G/ML :	6.7 g
Salt per 100 G/ML :	1.48 g
Sodium per 100 G/ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Waste Packaging Weight - Inner Unit

Glass :	Not specified.
Plastic :	Not specified.
Percentage Recycled Plastic :	Not specified.
Paper/Board :	Not specified.

Aluminium :	Not specified.
Steel :	Not specified.
Other :	Not specified.
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	-
Fairtrade :	-
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	-
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	Yes
FSSC 22000 :	No

Other Accreditation :

Not specified.

Intra Stat/Taric Code : Not specified.

Commodity Code : Not specified.

Identification/Health Marks : GB TZ 035

Standards Testing

Do you undertake trend analysis of microbiological results? :	Yes
Is shelf life testing undertaken? :	Yes

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Every 6 months	<50	100	10g	
E. Coli (cfu/g or ml)	Every 6 months	<100	1000	10g	
Enterobacteriaceae (cfu/g or ml)	Every 6 months	<10000	100000	10g	
Salmonella	Every 6 months	=0	0	25g	Not Detected
Staphylococcus Aureus (cfu/g or ml)	Every 6 months	<10	100	10g	
Total Viable Count (TVC) (cfu/g or ml)	Every 6 months	<100000	1000000	10g	

Analytical Standards

Not available.