Supplier's Product Code :	F0607
Product Added :	26 October 2026
Last Updated by Supplier :	26 October 2026
erudus id :	7501c4def564440aab8425080855cec6

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GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Short Product Name:
GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Product Description:
Fishcakes made with a blend of pre fried potato, cod & prawns with subtle Thai spices, coated in seasoned chilli and parsley flecked crispy gluten free batter

Supplier's Product Code :
F0607
Supplier: Paramount 21 Ltd
Paramount 21 Ltd, Old Newton Road
Heathfield
Newton Abbot
Devon
TQ126RA
United Kingdom
P: 01626 837650

General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	5024030006073	Outer Case Length :	284 mm
Packaging Type Description :		Outer Case Width :	224 mm
Total Quantity of Inner Units in Outer Case :	24 Units	Outer Case Height :	109 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	2.95 kg
		Product Net Weight :	2.74 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	18 Cases	Pallet Height :	1.70 MTR
Quantity of Layers Per Pallet :	14 Layers	Pallet Gross Weight :	773.15 kg
Quantity of Cases Per Pallet :	252 Cases		

Logistical Information

Shelf Life from Time of Production :	547 Days	Minimum Order Quantity :	208 Cases
Guaranteed Shelf Life on Delivery :	Not specified.	Delivery Lead Time :	7 Days

Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	2.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	30.00 %	Other :	0.00 g
Paper/Board :	169.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	400.00 g	Wood Total :	30,000.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	No
Percentage Recycled Plastic :	30.00 %		

Other Information

Supplier Comments :
ACS&T normal delivery,
direct delivery 1 week and subject to £2K minimum order.

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance :	United Kingdom

Additional Origin Details :
UK

Inner Pack Information

Internal GTIN :	Not specified.
Packaging Type Description :	Box
Variable Weight Consumer Item :	No
Net Drained Weight :	Not specified.

Inner Unit Length :	95 mm
Inner Unit Height :	25 mm
Inner Unit Width :	95 mm
Inner Product Weight :	114.00 g
Inner Product Weight Units :	g

Weight/Volume :
Not specified.

Handling Information

Directions For Use :
Cooking Guidelines: For best results, cook from frozen.
Deep Fry: in preheated oil at 180°C for 8 minutes.
Fan Oven: place on a baking tray in a preheated oven at 200°C for 20 minutes.
Air Fry: Pre-heat the air fryer to 180°C. Place the product in a single layer in the basket & cook the product for 14 minutes, turning half way.

Leave product to stand for 1 minute before serving. All cooking appliances vary in performance, these are guidelines only. Always check that the product is piping hot throughout before serving.

Storage Instructions :
Keep frozen at -18°C or below. Do not refreeze if allowed to thaw.

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Dietary Information

Ingredients :

pre-fried potato (26%) [potato, sunflower oil], cod (**FISH**) (17%), water, prawns (**CRUSTACEANS**) (10%) [prawns, water, salt], potato, rice flour, rapeseed oil, gram flour, dehydrated potato, maize starch, salt, potato starch, sugar, amaranth flour, skimmed **MILK** powder, spices (ginger, coriander), parsley, garlic powder, dextrose, onion powder, raising agents (E450(i), E500(ii)), red chilli flakes, lemongrass extract, thickener (E415)

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	Yes
Soybeans (and products thereof) :	No
Milk (and products thereof) :	Yes
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	Yes
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	No
Wheat (and products thereof) :	No
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	Yes
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	No
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	Yes
Approved for a Halal Diet :	Yes
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	No

Allergen Statement :

ALLERGY ADVICE: For allergens, see ingredients in CAPITALS.

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Nutritional Information

Average Serving :	Not specified.
Count per 100g :	0.88 Pieces
Count Per Pack :	Not specified.
Energy per 100 G/ML :	772.00 kJ
Energy per 100 G/ML :	184.00 kcal
Fat per 100 G/ML :	8.3 g
- of which Saturates per 100 G/ML :	0.66 g
- of which Mono-unsaturates per 100 G/ML :	4.95 g
- of which Polyunsaturates per 100 G/ML :	2.32 g
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	20.1 g
- of which Sugars per 100 G/ML :	1.3 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	1.2 g
Protein per 100 G/ML :	6.7 g
Salt per 100 G/ML :	1.48 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Waste Packaging Weight - Inner Unit

Glass :	Not specified.
Plastic :	Not specified.
Percentage Recycled Plastic :	Not specified.
Paper/Board :	Not specified.

Aluminium :	Not specified.
Steel :	Not specified.
Other :	Not specified.
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	-
Fairtrade :	-
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	-
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	Yes
FSSC 22000 :	No

Other Accreditation :
Not specified.

Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	GB TZ 035

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Standards Testing

Do you undertake trend analysis of microbiological results? :	Yes
Is shelf life testing undertaken? :	Yes

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Every 6 months	<50	100	10g	
E. Coli (cfu/g or ml)	Every 6 months	<100	1000	10g	
Enterobacteriaceae (cfu/g or ml)	Every 6 months	<10000	100000	10g	
Salmonella	Every 6 months	=0	0	25g	Not Detected
Staphylococcus Aureus (cfu/g or ml)	Every 6 months	<10	100	10g	
Total Viable Count (TVC) (cfu/g or ml)	Every 6 months	<100000	1000000	10g	

Analytical Standards

Not available.

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