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## Mediterranean Falafel 700g

Short Product Name:

Product Description:  
Falafel made with chunky chickpeas and onion – simply blended with Mediterranean spices and baked

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	Sandwich Fillers

**Supplier's Product Code :**  
FR-FS204  
**Supplier:** Gosh! Food  
Unit 1 Europa Business Park  
Kingston  
Milton Keynes  
Buckinghamshire  
MK10 0BD  
United Kingdom  
P: 01908 641274

### OUTER PRODUCT

#### Outer case Information

Outer Case GTIN :	05036829750784
Packaging Type Description :	Case
Total Quantity of Inner Units in Outer Case :	8 Units
Is Trade Item Splittable? :	No

Outer Case Length :	392 mm
Outer Case Width :	319 mm
Outer Case Height :	200 mm
Product Gross Weight :	6.26 kg
Product Net Weight :	5.60 kg

#### Pallet Information

Quantity of Cases Per Pallet Layer :	9 Cases
Quantity of Layers Per Pallet :	8 Layers
Quantity of Cases Per Pallet :	72 Cases

Pallet Height :	1.75 MTR
Pallet Gross Weight :	424.10 kg

#### Logistical Information

Shelf Life from Time of Production :	365 Days
Guaranteed Shelf Life on Delivery :	270 Days

Minimum Order Quantity :	Not specified.
Delivery Lead Time :	Not specified.

#### Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	0.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	400.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

#### Waste Packaging Weight - Transport Packaging

Plastic :	250.00 g
Paper/Board :	0.00 g
Percentage Recycled Plastic :	Not specified.

Wood Total :	0.00 g
Is Pallet Returnable? :	-

#### Other Information

Supplier Comments :	Not specified.
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INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance :	United Kingdom	Additional Origin Details : Not specified.
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Inner Pack Information

Internal GTIN :	5036829750777	Inner Unit Length :	195 mm
Packaging Type Description :	Poly Treated PET/PE	Inner Unit Height :	95 mm
Variable Weight Consumer Item :	Yes	Inner Unit Width :	155 mm
Net Drained Weight :	Not specified.	Inner Product Weight :	Not specified.
		Inner Product Weight Units :	g
Weight/Volume : Packed to weight, not piece count -> ball weight (with tolerance): 22g +/- 2g			

Handling Information

Directions For Use : Defrost thoroughly.  OVEN Place pakora on a baking tray in the centre of a pre-heated oven. Electric 200°C / Fan 18°C / Gas Mark 6 From Chilled: 5-8 minutes	Storage Instructions : Keep Frozen < -18°C
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Dietary Information

**Ingredients :**  
Chickpeas (65%), Onion (8%), Rapeseed Oil, Water, Potato Flake, Garlic Puree (Water, Garlic Granules), Concentrated Lemon Juice, Salt, Raising Agent (Bicarbonate of Soda), Ground Coriander, Ground Cumin, Parsley, White Pepper

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	No
Wheat (and products thereof) :	No
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	Yes
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	Yes
Suitable for Coeliacs :	Yes
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	Yes
HFSS (High in Fat, Salt and Sugar) :	-

**Allergen Statement :**  
Not specified.

Nutritional Information

Average Serving :	100.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,000.00 kJ
Energy per 100 G/ML :	239.00 kcal
Fat per 100 G/ML :	11 g
- of which Saturates per 100 G/ML :	0.8 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	21 g
- of which Sugars per 100 G/ML :	0.7 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	7.6 g
Protein per 100 G/ML :	9.7 g
Salt per 100 G/ML :	1.4 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	32.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	1.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	No
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Other Accreditation : Vegan Society Coeliac Society	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of microbiological results? :	No
Is shelf life testing undertaken? :	No

Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Aerobic Colony Count (ACC) (cfu/g or ml)	Weekly	<1000	1000	1g	
Bacillus Cereus (cfu/g or ml)	Weekly	<20	20	1g	
Clostridium Perfringens (cfu/g or ml)	Weekly	<10	10	1g	
E. Coli (cfu/g or ml)	Weekly	<10	10	1g	
Enterobacteriaceae (cfu/g or ml)	Weekly	<100	100	1g	
Listeria SPP	Weekly	=0	25	1g	
Moulds (cfu/g or ml)	Weekly	<20	20	1g	
Salmonella	Weekly	=0	25	1g	
Yeast (cfu/g or ml)	Weekly	<20	20	1g	

Analytical Standards

Test	Frequency	Target	Range	Sample (g or ml)	Note
pH	Weekly	=5.5	5.3 to 5.7	100g	
Weight (g)	Every Batch	=22	20 to 24	100g	+/- 2g