Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id: MBRC05 08 September 2025 08 September 2025 9d943179c7b44ca09750fc9aba435327



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# Breaded MSC Cod Fillets 140 - 170g 24 piece pack count

Short Product Name: Breaded Cod

Product Description:

Formed skinless, boneless cod fillet pieces coated in breadcrumb, flash fried  $24 \times 140-170 g$ 

#### **General Information**

Food/Drink:	Food
Product Category :	Frozen
Generic Product Type:	

Supplier's Product Code:

MBRC05

Supplier: Three Oceans Fish Company

Ocean House Witty Street Hull

HU3 4TT United Kingdom P: 01482 306000

### **OUTER PRODUCT**

#### Outer case Information

0 4101 0400 111101111411011			
Outer Case GTIN :	5060061300636	Outer Case Length:	333 mm
Packaging Type Description :		Outer Case Width :	250 mm
Total Quantity of Inner Units in Outer Case:	24 Units	Outer Case Height:	113 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	4.24 kg
		Product Net Weight:	4.08 kg
Pallet Information			
Quantity of Cases Per Pallet Layer:	14 Cases	Pallet Height :	1.73 MTR
Quantity of Layers Per Pallet:	14 Layers	Pallet Gross Weight :	831.19 kg
Quantity of Cases Per Pallet:	196 Cases		
Logistical Information			
Shelf Life from Time of Production :	547 Days	Minimum Order Quantity:	224 Cases
Guaranteed Shelf Life on Delivery :	365 Days	Delivery Lead Time :	7 Days
Waste Packaging Weight - Oute	r Case		
Glass:	0.00 g	Aluminium:	0.00 g
Plastic:	18.00 g	Steel:	0.00 g
Percentage Recycled Plastic:	0.00 %	Other:	0.00 g
Paper/Board:	210.00 g	Wood:	Not specified.
		Fibre Based Composite :	Not specified.
Waste Packaging Weight - Tran	sport Packaging		
Plastic:	0.00 g	Wood Total :	30,000.00 g
Paper/Board:	0.00 g	Is Pallet Returnable?:	-
Percentage Recycled Plastic :	Not specified.		

#### Other Information

Supplier Comments:

# INNER PRODUCT

# Origin Information

Product Country of Origin/Place of Provenance:	United Kingdom
Provenance.	

### Additional Origin Details :

Not specified.

### Inner Pack Information

Internal GTIN:	5060061300636
Packaging Type Description :	N/A
Variable Weight Consumer Item:	Yes
Net Drained Weight :	Not specified.

Inner Unit Length:	0 mm
Inner Unit Height:	0 mm
Inner Unit Width:	0 mm
Inner Product Weight:	Not specified.
Inner Product Weight Units:	g

Weight/Volume:

Not specified.

### **Handling Information**

#### Directions For Use :

Deep fry in hot oil at 180°C for approximately 6 - 7 minutes. Cook thoroughly until piping hot throughout.

Oven Bake: Place on a baking tray in a pre-heated oven at 220°C/Gas mark 6, for approximately 18 minutes. Cook thoroughly until piping hot throughout.

#### Storage Instructions:

Store frozen product at -18°C or colder

Do not re-freeze after thawing

### **Dietary Information**

#### Ingredients:

Cod (FISH) (50%), WHEAT Flour (with Calcium, Iron, Niacin, Folic Acid, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising agent (Ammonium Carbonate).

Product contains:	
GM Protein/DNA :	No
Celery/Celeriac (and products thereof):	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof):	Yes
Soybeans (and products thereof):	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof):	No
Nuts (and products thereof):	No
Almond nuts :	No
Hazelnuts:	No
Walnuts:	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts:	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof):	Yes
Rye (and products thereof):	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof):	Yes
Kamut (and products thereof) :	Yes
Gluten content < 20ppm:	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

Product contains :		
Artificial Antioxidants :	No	
Artificial Colours :	No	
Artificial Flavourings :	No	
Artificial Flavour Enhancers :	No	
Artificial Preservatives :	No	
Artificial Sweeteners :	No	
Product suitability:		
Suitable for a Vegetarian Diet:	-	
Suitable for a Vegan Diet :	-	
Suitable for Sufferers of Lactose Intolerance :	-	
Suitable for Coeliacs :	-	
Approved for a Halal Diet:	No	
Approved for a Kosher Diet:	No	
HFSS (High in Fat, Salt and Sugar):	_	

# Allergen Statement :

Allergens in ingredient list are shown in CAPITALS

### **Nutritional Information**

Average Serving:	155.00 g or ml
Count per 100g:	Not specified.
Count Per Pack :	1
Energy per 100 G/ML:	859.00 kJ
Energy per 100 G/ML:	205.00 kcal
Fat per 100 G/ML:	6.7 g
- of which Saturates per 100 G/ML :	1.2 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML:	Not specified.
Trans Fats per 100 G\ML:	Not specified.
Carbohydrate Per 100 G/ML:	24.5 g
- of which Sugars per 100 G/ML:	1.4 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML:	1.2 g
Protein per 100 G/ML:	11.5 g
Salt per 100 G/ML :	0.8 g
Sodium per 100 G\ML:	0 g

Vitamin A per 100g:	Not specified.
Vitamin C per 100g:	Not specified.
Folate/Folic Acid per 100g:	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g:	Not specified.
Zinc per 100g:	Not specified.
Cholesterol per 100 G/ML (UK/FR):	Not specified.
Non Milk Extrinsic Sugars per 100gm:	Not specified.
Alcoholic Strength %Vol:	Not specified.
Fat Percentage in Dry Matter per 100g:	Not specified.

# Waste Packaging Weight - Inner Unit

Glass:	Not specified.
Plastic:	Not specified.
Percentage Recycled Plastic:	Not specified.
Paper/Board :	Not specified.

Aluminium:	Not specified.
Steel:	Not specified.
Other:	Not specified.
Wood:	Not specified.
Fibre Based Composite :	Not specified.

### Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production:	Yes
Red Tractor:	-
Fairtrade:	-
Marine Stewardship Council Certified (MSC):	Yes
Organic:	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured:	No
LEAF Marque (Linking Environment and Farming):	-
Rainforest Alliance :	-
Food for Life Supplier Scheme :	No
Quality Meat Scotland:	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014):	ol No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certificatio	n No
ISO 14001 (Environmental System):	No
FSSC 22000:	No

Other Accreditation : MSC, BRC		
Intra Stat/Taric Code :	0	
Commodity Code :	Not specified.	
Identification/Health Marks :	GB HU044	

# Standards Testing

# Microbiological Standards

Not available.

### **Analytical Standards**

Not available.