

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

MBRC04  
08 April 2026  
08 April 2026  
a64b40d505e549adb6920846626437de



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## Breaded MSC Cod Fillets 110 - 140g 24 piece pack count

Short Product Name:  
Breaded Cod

Product Description:  
Formed skinless, boneless cod fillet pieces enrobed in breadcrumb and flash fried 24 x 110-140g

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

Supplier's Product Code :  
MBRC04  
Supplier: Three Oceans Fish Company  
Ocean House  
Witty Street  
Hull  
  
HU3 4TT  
United Kingdom  
P: 01482 306000

### OUTER PRODUCT

#### Outer case Information

Outer Case GTIN :	5060061300643
Packaging Type Description :	
Total Quantity of Inner Units in Outer Case :	24 Units
Is Trade Item Splittable? :	No

Outer Case Length :	335 mm
Outer Case Width :	252 mm
Outer Case Height :	104 mm
Product Gross Weight :	3.53 kg
Product Net Weight :	3.36 kg

#### Pallet Information

Quantity of Cases Per Pallet Layer :	14 Cases
Quantity of Layers Per Pallet :	16 Layers
Quantity of Cases Per Pallet :	224 Cases

Pallet Height :	1.81 MTR
Pallet Gross Weight :	811.10 kg

#### Logistical Information

Shelf Life from Time of Production :	548 Days
Guaranteed Shelf Life on Delivery :	365 Days

Minimum Order Quantity :	224 Cases
Delivery Lead Time :	7 Days

#### Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	12.00 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	157.60 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

#### Waste Packaging Weight - Transport Packaging

Plastic :	0.00 g
Paper/Board :	0.00 g
Percentage Recycled Plastic :	Not specified.

Wood Total :	30,000.00 g
Is Pallet Returnable? :	-

#### Other Information

Supplier Comments :  
MSC  
BRC

## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance:	United Kingdom
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**Additional Origin Details:**  
N/A

### Inner Pack Information

Internal GTIN:	5060061300643
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Packaging Type Description:	N/A
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Variable Weight Consumer Item:	Yes
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Net Drained Weight:	Not specified.
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Inner Unit Length:	0 mm
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Inner Unit Height:	0 mm
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Inner Unit Width:	0 mm
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Inner Product Weight:	Not specified.
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Inner Product Weight Units:	g
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**Weight/Volume:**  
Not specified.

### Handling Information

**Directions For Use:**

Deep fry in hot oil at 180C for approximately 5 - 6 minutes. Cook thoroughly until piping hot throughout.

Oven Bake: Place on a baking tray in a pre-heated oven at 220C/Gas mark 6, for approximately 18 minutes. Cook thoroughly until piping hot throughout.

**Storage Instructions:**

Store frozen product at -18C or colder

Do not re-freeze after thawing

## Dietary Information

### Ingredients :

Cod (50%) (FISH), WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate).

### Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	Yes
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

### Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	No
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	Yes
Approved for a Kosher Diet :	Yes
HFSS (High in Fat, Salt and Sugar) :	-

### Allergen Statement :

Not specified.

## Nutritional Information

Average Serving :	125.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	859.00 kJ
Energy per 100 G/ML :	205.00 kcal
Fat per 100 G/ML :	6.7 g
- of which Saturates per 100 G/ML :	1.2 g
- of which Mono-unsaturates per 100 G/ML :	0 g
- of which Polyunsaturates per 100 G/ML :	0 g
Trans Fats per 100 G\ML :	0.00 g
Carbohydrate Per 100 G/ML :	24.5 g
- of which Sugars per 100 G/ML :	1.4 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	1.2 g
Protein per 100 G/ML :	11.5 g
Salt per 100 G/ML :	0.8 g
Sodium per 100 G\ML :	0.31 g

## Waste Packaging Weight - Inner Unit

Glass :	Not specified.
Plastic :	Not specified.
Percentage Recycled Plastic :	Not specified.
Paper/Board :	Not specified.

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	-
Fairtrade :	-
Marine Stewardship Council Certified (MSC) :	Yes
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	-
Rainforest Alliance :	-
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	Yes
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Aluminium :	Not specified.
Steel :	Not specified.
Other :	Not specified.
Wood :	Not specified.
Fibre Based Composite :	Not specified.

<b>Other Accreditation :</b> MSC, BRC	
Intra Stat/Taric Code :	0
Commodity Code :	Not specified.
Identification/Health Marks :	GB HU044

## Standards Testing

Do you undertake trend analysis of  
microbiological results? : -

Is shelf life testing undertaken? : -

## Microbiological Standards

Not available.

## Analytical Standards

Not available.