

Supplier's Product Code : 501894
Product Added : 30 March 2026
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Med Veg Couscous Salad 6x2kg

Short Product Name:
Med Veg Couscous Salad

Product Description:
Giant cous cous and chickpeas are the base for a lightly spiced salad with grilled red pepper, apricot and sultanas. A subtle hit of fresh parsley to finish.

General Information

Food/Drink :	Food
Product Category :	Chilled
Generic Product Type :	Not Provided

Supplier's Product Code :
501894
Supplier: Fresh Kitchen
Charbridge Way
Bainton Close, Bicester Distribution Park
Bicester

OX26 4SW
England
P: +44 (0) 1869 365 600

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	5055028801097	Outer Case Length :	550 mm
Packaging Type Description :		Outer Case Width :	196 mm
Total Quantity of Inner Units in Outer Case :	6 Units	Outer Case Height :	210 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	12.65 kg
		Product Net Weight :	12.00 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases	Pallet Height :	1.41 MTR
Quantity of Layers Per Pallet :	6 Layers	Pallet Gross Weight :	Not specified.
Quantity of Cases Per Pallet :	60 Cases		

Logistical Information

Shelf Life from Time of Production :	10 Days	Minimum Order Quantity :	Not specified.
Guaranteed Shelf Life on Delivery :	Not specified.	Delivery Lead Time :	Not specified.

Waste Packaging Weight - Outer Case

Glass :	Not specified.	Aluminium :	Not specified.
Plastic :	Not specified.	Steel :	Not specified.
Percentage Recycled Plastic :	Not specified.	Other :	Not specified.
Paper/Board :	Not specified.	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic :	Not specified.	Wood Total :	Not specified.
Paper/Board :	Not specified.	Is Pallet Returnable? :	-
Percentage Recycled Plastic :	Not specified.		

Other Information

Supplier Comments :
This specification has been generated electronically and is valid without a signature, unless specifically requested by the customer. If we do not hear from you within 7 days of receipt of this specification, we will assume that the content has been accepted.

INNER PRODUCT

Origin Information

Product Country of Origin/Place of Provenance : United Kingdom

Additional Origin Details :
Not specified.

Inner Pack Information

Internal GTIN : 5055028801059

Packaging Type Description :

Variable Weight Consumer Item : No

Net Drained Weight : Not specified.

Inner Unit Length : 182 mm

Inner Unit Height : 75 mm

Inner Unit Width : 182 mm

Inner Product Weight : 2.00 kg

Inner Product Weight Units : kg

Weight/Volume :
Not specified.

Handling Information

Directions For Use :
Ready to eat

Storage Instructions :
Keep chilled below 5°C. Once opened keep chilled, use within 2 days not exceeding maximum shelf life.

Dietary Information

Ingredients :

Giant Couscous (22.1%) (WHEAT), Chick Pea (13.3%) [Chick Peas, water, Antioxidant (Ascorbic Acid)], Rapeseed Oil (12.2%), Water, Pepper Red Grilled, Spirit Vinegar, Apricots [Dried Apricots, Preservative (Sulphur Dioxide (SULPHITES)), Sultanas [Sultanas, Sunflower Oil], Spring Onion, Parsley, Garlic Puree, Cumin Ground, Green Chilli, Paprika, Fenugreek, Pepper Black, Coriander Ground, Ground Turmeric, Ginger, Garlic Powder, Sea Salt

Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	Yes
Kamut (and products thereof) :	Yes
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	Yes - above 10mg per kg/litre
Sulphur Dioxide/Sulphites Concentration :	-

Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

Allergen Statement :

Not specified.

Nutritional Information

Average Serving :	Not specified.
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	1,020.00 kJ
Energy per 100 G/ML :	244.00 kcal
Fat per 100 G/ML :	13 g
- of which Saturates per 100 G/ML :	0.9 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	26 g
- of which Sugars per 100 G/ML :	7.1 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	2.6 g
Protein per 100 G/ML :	3.9 g
Salt per 100 G/ML :	0.03 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	18.00 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	-
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Other Accreditation : Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

Standards Testing

Do you undertake trend analysis of
microbiological results?: Yes

Is shelf life testing undertaken?: Yes

Microbiological Standards

Not available.

Analytical Standards

Not available.