Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id: 150359 10 September 2025 10 September 2025 dad1d14501ab430ea7cde3c3af321aad



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Portico Premium Pan-Ready Cornish Sole

Short Product Name: Pan-Ready Cornish Sole

Product Description:

Headless & trimmed Megrim sole; 6 x 230-320g nett of glaze

General Information

 Food/Drink:
 Food

 Product Category:
 Frozen

 Generic Product Type:
 Not Provided

Brand Information

Brand Owner: Sysco GB Limited

Product Code: 150359

Supplier's Product Code:

150359 **Supplier:** Sysco GB Limited

Enterprise House Eureka Science Park

Ashford Kent TN25 4AG United Kingdom

OUTER PRODUCT

Outer case Information

Outer Case GTIN :	5024333262688	Outer Case Length:	424 mm
Packaging Type Description :		Outer Case Width:	284 mm
Total Quantity of Inner Units in Outer Case :	1 Units	Outer Case Height :	104 mm
Is Trade Item Splittable? :	-	Product Gross Weight:	2.00 kg
		Product Net Weight:	1.65 kg

Pallet Information

Quantity of Cases Per Pallet Layer :	9 Cases	Pallet Height:	1.70 MTR
Quantity of Layers Per Pallet :	15 Layers	Pallet Gross Weight :	Not specified.
O	125 C		

Logistical Information

Shelf Life from Time of Production :	365 Days	Minimum Order Quantity:	Not specified.
Guaranteed Shelf Life on Delivery :	Not specified.	Delivery Lead Time :	Not specified.

Waste Packaging Weight - Outer Case

Glass:	Not specified.	Aluminium:	Not specified.
Plastic:	Not specified.	Steel:	Not specified.
Percentage Recycled Plastic :	Not specified.	Other:	Not specified.
Paper/Board:	Not specified.	Wood:	Not specified.
		Fibre Based Composite :	Not specified.

Waste Packaging Weight - Transport Packaging

Plastic:	Not specified.	Wood Total:	Not specified.	
Paper/Board :	Not specified.	Is Pallet Returnable?:	-	
Percentage Recycled Plastic :	Not specified.			

Other Information

Supplier Comments:

INNER PRODUCT

Origin Information

Product Country of Origin/Place of United Kingdom Provenance :

Additional Origin Details:

Caught by Beam, Demersal Otter Trawl in the North East Atlantic - FAO27, Produced and packed in: United Kingdom

Inner Pack Information

Internal GTIN: Not specified.

Packaging Type Description:

Variable Weight Consumer Item: No

Net Drained Weight: Not specified.

Inner Unit Length:	0 mm
Inner Unit Height:	0 mm
Inner Unit Width:	0 mm
Inner Product Weight :	230.00 g
Inner Product Weight Units:	g

Weight/Volume:

Not specified.

Handling Information

Directions For Use :

This is a raw product and must be cooked throughout to a minimum temperature of 75° C for 30 seconds or equivalent (or apply relevant national requirement).

Storage Instructions:

Keep Frozen at -18°C or below. Do not refreeze after thawing. Remove from outer packaging. Allow to thaw in a refrigerator at +1°C to +5°C for approximately 8 hours. Once defrosted keep refrigerated and consume within 48 hours

Dietary Information

Ingredients:

Megrim Sole (FISH) (Lepidorhombus whiffiagonis) (100%).

Product contains:	
GM Protein/DNA :	No
Celery/Celeriac (and products thereof):	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	Yes
Soybeans (and products thereof) :	No
Milk (and products thereof):	No
Mustard (and products thereof):	No
Peanuts (and products thereof):	No
Sesame Seeds (and products thereof):	No
Crustacea (and products thereof):	No
Molluscs (and products thereof):	No
Nuts (and products thereof) :	No
Almond nuts:	No
Hazelnuts :	No
Walnuts:	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts:	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	No
Wheat (and products thereof):	No
Rye (and products thereof) :	No
Barley (and products thereof):	No
Oats (and products thereof):	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content < 20ppm:	-
Hydrogenated Vegetable Oil/Fat :	-
Palm Oil :	-
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	-

Product contains :	
Artificial Antioxidants :	-
Artificial Colours :	-
Artificial Flavourings :	-
Artificial Flavour Enhancers :	-
Artificial Preservatives :	-
Artificial Sweeteners :	-
Product suitability:	
Suitable for a Vegetarian Diet:	No
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-

Approved for a Halal Diet:

Approved for a Kosher Diet:

HFSS (High in Fat, Salt and Sugar):

Allergen Statement :

Not specified.

Nutritional Information

Average Serving:	230.00 g or ml
Count per 100g:	Not specified.
Count Per Pack :	6
Energy per 100 G/ML:	401.00 kJ
Energy per 100 G/ML:	95.00 kcal
Fat per 100 G/ML:	2.7 g
- of which Saturates per 100 G/ML :	0.7 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML:	Not specified.
Trans Fats per 100 G\ML:	Not specified.
Carbohydrate Per 100 G/ML:	0 g
- of which Sugars per 100 G/ML :	0 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	0 g
Protein per 100 G/ML:	18 g
Salt per 100 G/ML :	0.17 g
Sodium per 100 G\ML:	Not specified.

Vitamin A per 100g:	Not specified.
Vitamin C per 100g:	Not specified.
Folate/Folic Acid per 100g:	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g:	Not specified.
Zinc per 100g:	Not specified.
Cholesterol per 100 G/ML (UK/FR):	Not specified.
Non Milk Extrinsic Sugars per 100gm:	Not specified.
Alcoholic Strength %Vol:	Not specified.
Fat Percentage in Dry Matter per 100g:	Not specified.

Waste Packaging Weight - Inner Unit

Glass:	0.00 g
Plastic:	78.20 g
Percentage Recycled Plastic:	0.00 %
Paper/Board :	275.00 g

Aluminium:	0.00 g
Steel:	0.00 g
Other:	0.00 g
Wood:	Not specified.
Fibre Based Composite :	Not specified.

Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production:	-
Red Tractor:	-
Fairtrade:	-
Marine Stewardship Council Certified (MSC):	Yes
Organic:	-
SALSA (Safe & Local Supplier Approval):	-
British Lion Mark :	-
RSPCA Assured :	-
LEAF Marque (Linking Environment and Farming):	-
Rainforest Alliance :	-
Food for Life Supplier Scheme :	-
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	-
School Approved (The Requirement for School Food Regulation 2014):	
IFS Food Standard :	-
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System):	-
FSSC 22000:	-

Other Accreditation : Not specified.		
Intra Stat/Taric Code :	Not specified.	
Commodity Code :	Not specified.	
Identification/Health Marks	Not specified	

Standards Testing

Microbiological Standards

Not available.

Analytical Standards

Not available.

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