

The essential
fish & seafood

Guide



kff

a Sysco company



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WELCOME TO OUR FISH & SEAFOOD RANGE FROM YOUR LOCAL WHOLESALER



What can you expect from us....

- UK daily catch delivered straight to your door
- Comprehensive range of quality frozen seafood
- Expert advice from our buyers, fishmongers and sales staff
- Using suppliers that are leaders in sustainable fishing of MSC-accredited products in UK foodservice



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SUSTAINABILITY & ITS IMPORTANCE

What is sustainable fishing?

Sustainable fishing means leaving enough fish in the ocean, respecting habitats and ensuring people who depend on fishing can maintain their livelihoods.

This is why where we can we source fish from a sustainable source. Our range of filleted fish allows you to offer your customer the very highest quality fish with the reassurance and confidence in our supply chain.

What's important to us?

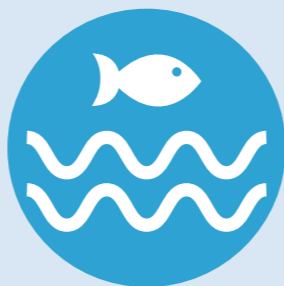
Sustainable fish stocks

We want to make sure fish stocks remain constant to enable us to offer our customers interrupted supply.



Minimising our environmental influence

Ensuring we stock a wide range of accredited fish allows us to reduce our impact on the environment.



Your Local Fishmonger



MSC Cod Fillets (6-7oz)



MSC Cod Fillets (230-290g)

Cod Fillets

350045	MSC Cod Fillets (110-140g) Skin-on, Pin Bone In	3.63kg
350058	MSC Cod Fillets (140-170g) Skin-on, Pin Bone In	3.63kg
350068	MSC Cod Fillets (170-200g) Skin-on, Pin Bone In	3.63kg
350069	MSC Cod Fillets (200-230g) Skin-on, Pin Bone In	3.63kg
350070	MSC Cod Fillets (230-290g) Skin-on, Pin Bone In	3.63kg
350081	MSC Cod Fillets (136-160g) Skin-on, Boneless	20
350082	MSC Cod Fillets (160-184g) Skin-on, Boneless	18
350083	MSC Cod Fillets (184-232g) Skin-on, Boneless	15

Cod Loins

350084	MSC Cod Loins (112-136g) Skinless, Boneless	10
350087	MSC Cod Loins (136-160g) Skinless, Boneless	10
350088	MSC Cod Loins (140-170g) Skin-on, Boneless	10

Haddock Fillets

350156	MSC Haddock Fillets (140-170g) Skin-on, Boneless	3.63kg
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Smoked Haddock Fillets

350149	MSC Smoked Haddock (Undyed) (100-130g) Skin-on, Boneless	24
350151	MSC Smoked Haddock (Dyed) (100-130g) Skin-on, Boneless	24



Smoked Haddock Fillets

Salmon Portions

357355	Scottish Salmon Portions (170-200g) Skinless, Boneless	1kg
357364	Salmon Portions (140-170g) Skinless, Boneless	10
357366	Salmon Portions (200-230g) Skinless, Boneless	10

Basa & Pollock Fillets

350103	Basa Fillets (126-153g) Skinless, Boneless	30
350104	Basa Fillets (153-180g) Skinless, Boneless	20
350059	White Fish (Basa) (170-230g) Skinless, Boneless	800g
350099	MSC Alaskan Pollock Fillets (115-140g) Skinless, Boneless	25
350101	MSC Alaskan Pollock Fillets (140-170g) Skinless, Boneless	20

Hake, Sea Bass & Tuna

350102	MSC Hake Fillets (115-140g) Skinless, Bone In	25
350110	Sea Bass Fillets (110/140g) Skin-on, Boneless	2kg
350111	Sea Bass Fillets (110/140g) Skin-on, Boneless	800g
356203	Tuna Supremes (140-170g)	12

Fish Mixes

350013	MSC Fish Pie Mix Skinless, Boneless	1kg
360400	Mediterranean Seafood Cocktail	900g



Salmon Portions



Sea Bass Fillets (4-5oz)



Natural Mussels

Seafood & Shellfish



Raw Squid Tubes (30% Glaze)



Salt & Pepper Squid

Lobster & Crab

360168	Whole Raw Lobster (Hyperfresh) (450-550g)	4
360169	Devon Crab Meat 50/50	454g
360174	Devon White Crab Meat	454g
354112	Blue Swimming Crab Claw Meat	454g
360172	Crab Flavour Fish Flakes	1kg

Seafood & Shellfish

360166	MSC Scallop Meat (Dry) 20/40	1kg
372091	Crayfish Tails	800g
360050	Natural Mussels	1kg

Squid & Calamari

360190	Raw Squid Tubes (30% Glaze)	700g
390225	Dusted Squid Strips	1kg
390229	Salt & Pepper Squid (Battered)	1kg
390220	Battered Squid Rings	454g
360167	Lightly Dusted Calamari with Tentacles	1kg



Scallops



Lobster



Dressed Crab

Prawns



King Prawns

Whole Raw Prawns

373050	Whole King Prawns 16/20	600g
370345	Whole King Prawns 21/30	600g
373040	King Prawns Peeled & Deveined 26/30	700g
373045	King Prawns Peeled & Deveined 16/20	700g
373042	King Prawns Peeled & Deveined 21/25	700g
373043	Cooked & Peeled King Prawn 90/100	450g

Whole Cooked Prawns

370325	Crevettes 20/30	1kg
370326	Crevettes Head-on, Shell-on 30/40	1.8kg

Cold Water Prawns

370041	Large Cold Water Prawns	1.875kg
370311	North Atlantic Cold Water Prawns 250/350	1.76kg
370035	High Glazed Cold Water Prawns 150/250	1.2kg
354111	MSC Prawns in Brine 150/250	900g

Prawn Guide



Coated Prawns

373000	Tempura King Prawns	500g
372135	Panko Breaded Torpedo King Prawns	500g

Whole King Prawns



THE WEALD SMOKERY STORY

WEALD SMOKERY
FINE FOOD EXPERIENCE

The Weald Smokery has been a family-run business for **35 years**.

The Weald Smokery offers our customers truly authentic smokery, with an absolute passion for authenticity, taste and perfection. They strive to always put quality above quantity and understand that the true pleasure in food lies in savouring something properly crafted and full of flavour which is why they are a perfect partner for kff.



Hot Smoked

Hot smoking involves a combination of heat and smoke used in a controlled manner to create food that is full-flavoured and ready to eat.

Cold Smoked

Cold smoking food involves less heat than hot smoking, which is very much determined by the seasons and the ambient temperatures the great British weather dictates. This not only works to prevent the product from drying out, but also imparts a delicately differing taste each time, while preserving that mouth-watering smokey flavour.

Smoked Fish



Smoked Salmon (D Cut)



Smoked Salmon (Long Sliced)



THE WEALD SMOKERY Hot Roast Salmon Unsliced Side (Fully Trimmed)

Haddock		
350149	MSC Smoked Haddock (Undyed) (100-130g) Skin-on, Boneless	24
350151	MSC Smoked Haddock (Dyed) (100-130g) Skin-on, Boneless	24
Salmon		
035500	THE WEALD SMOKERY Hot Roast Salmon Unsliced Side (Fully Trimmed)	1kg
035515	THE WEALD SMOKERY Smoked Salmon (Long Sliced)	1kg
354121	CAMPBELL & NEILL Smoked Salmon (D Cut)	1kg
354131	CAMPBELL & NEILL Smoked Salmon (Long Sliced)	454g
354113	CAMPBELL & NEILL Smoked Salmon (Long Sliced)	228g
354143	CAMPBELL & NEILL Smoked Salmon (D Cut)	454g
354142	CAMPBELL & NEILL Smoked Salmon (Bagel Sliced)	454g
357353	Roasted Smoked Salmon Flakes	1kg
Trout & Mackerel		
035505	THE WEALD SMOKERY Smoked Rainbow Trout Fillets (75g)	4
355552	Smoked Mackerel Fillets (70-120g)	2.54kg



Smoked Salmon (Long Sliced)

THE WEALD SMOKERY
Smoked Rainbow Trout Fillets





MSC Battered Pollock Fillets (3-4oz)



WHITBY Breaded Resolution Scampi

Battered & Breaded Fish



Breaded Cod Fillets (4-5oz)



MSC Battered Haddock Fillets (110-140g)

Haddock – Battered

352145	MSC Battered Haddock Fillets (110-140g)	24
352167	MSC Battered Haddock Fillets (170-200g)	18

Haddock – Breaded

351150	MSC Breaded Haddock Fillets (80-110g)	36
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Plaice – Breaded

351269	Breaded Plaice Fillets (170-200g)	18
351282	Breaded Plaice Fillets (230-290g)	15



Luxury Salmon & Dill Fishcakes



Lincolnshire Fishcakes



WHITBY Endeavour Breaded Wholetail Scampi

Scampi

380086	WHITBY Breaded Resolution Scampi (Whole Tail)	450g
382635	Breaded Reformed Scampi (White Fish/Scampi)	450g
380085	WHITBY Endeavour Breaded Wholetail Scampi (Multi Scampi Tails)	450g
380022	WHITBY Breaded Wholetail Scampi (Whole Langoustine Tails)	450g
382550	Breaded Wholetail Scampi (Scampi Tails with Added Water)	450g

Fishcakes

254050	Spicy Breaded British Crab Cakes	48x30g
254010	Authentic Thai Fishcakes	30
390550	Luxury Salmon & Dill Fishcakes	24x114g
390521	MSC Salmon Fishcakes	50x56g
390570	Luxury Smoked Haddock Fishcakes	24x114g
390560	Luxury Thai Cod & Prawn Fishcakes	24x114g
390500	Lincolnshire Fishcakes	60x50g
390520	Lincolnshire Fishcakes	24x113g

Cod & Pollock – Battered

352101	MSC Battered Cod Fillets (140-170g)	24
352106	MSC Battered Cod Fillets (170-200g)	18
352081	MSC Battered Cod Fillets (200-230g)	15
352091	MSC Battered Cod Fillets (290-340g)	12
352111	MSC Battered Cod Fillets (230-290g)	15
352010	MSC Fish Shop Battered Cod (145g)	24
352011	MSC Fish Shop Battered Cod (175g)	18
352013	MSC Battered Pollock Fillets (90-110g)	30

Cod & Pollock – Breaded

351152	MSC Breaded Cod Portions (114g)	1.37kg
351046	MSC Breaded Cod Fillets (110-140g)	24
351058	MSC Breaded Cod Fillets (140-170g)	24
351032	MSC Breaded Cod Fillets (80-110g)	30





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