

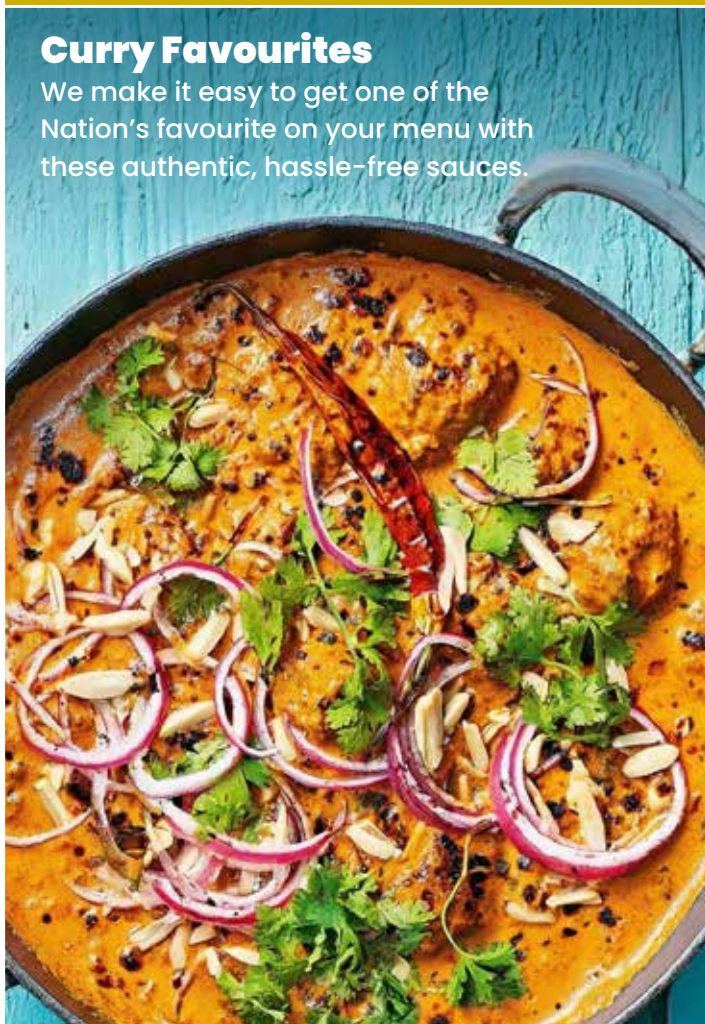
a little taste of Autumn

October–December 2025



Curry Favourites

We make it easy to get one of the Nation's favourite on your menu with these authentic, hassle-free sauces.



Sustainable fish alternatives

Give your fish and chips a sustainable upgrade!



Take it away now!

Three bang on trend grab and go dishes for hungry students.



Welcome

Hello and welcome to our Autumn edition—a cosy little booklet packed with tasty inspiration for chefs and caterers! As the seasons shift, it's all about keeping menus fresh and exciting so customers stay curious and come back for more. Dive in, discover something new, and help your kitchen shine this autumn.



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Key

- Suitable for vegetarians
- Vegan
- Gluten free
- Regional product
- Frozen
- Chilled

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When you order any three Christmas centre of plate joints, or fish this Christmas
From the 29th September to 20th December 2025

Maximise your profits this Christmas with our Vodka Giveaway deal. Simply choose any three joints of Beef, Gammon, Turkey, Mutton, Quorn or pan ready Seabass and get a bottle of Vodka free in your order!

See page 12 for all the details!

New! Regional Cheeses

VILLAGE MAID Barkham Blue British Cheese 1.1kg

Fill your cheeseboard with regional provenance this Autumn with our new range of Cheeses. From classic blues like our Kinscott Kentish Blue, to the award-winning Chaucers Camembert from the Cheesemakers of Canterbury, there's a flavour for every table.

Treats with no tricks



Serve up all the warming, comforting flavours of the season with our NEW desserts. Choose between our classic Apricot & Honey Cake, full of sweet golden honey and soft, tangy apricots, or our seriously moreish Cinnamon Swirl Cheesecake.

Don't forget to maximise the impact with our quality creams and coulis!

Scan to see all our range bakery!



Ready for Christmas?

It's never too early to start thinking about your most profitable time of year. Get a head start with our Christmas Brochure. Get in touch for your copy!



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Curry favour

Curry is a true menu superstar thanks to its broad appeal and status as a national favourite. And with our ready-to-use curry sauces getting them on your menus is so much easier, slashing prep stress while keeping all those authentic tastes from across the globe.



Butternut Squash Green Curry

We've used Sysco's Classic Thai Green Curry Sauce in this seasonal vegetarian butternut squash curry, made with coconut milk, onions, red peppers, chilli, green beans, and garnished with coriander.

SYSKO CLASSIC Thai Green Curry Sauce 🌱🌱 2.2kg



Premium Chicken Tikka Masala

Made with Sharwoods or Knorr's Tikka Masala Sauce, this all-time favourite is given a lift simply by adding some crispy fried shallots. You can prepare these in bulk well in advance and store in the chiller.



053131 SHARWOOD'S Tikka Masala Curry Sauce 🌱🌱	2.25kg
050953 KNORR PATAK'S CREATE MORE Tikka Masala Sauce 🌱🌱	1.1ltr



Sri-Lankan Fish Curry

This authentically mild Sri-Lankan Fish Curry is simple to create. Here we've used monkfish but you can substitute for any fish with a firm white flesh. Add a dash of coconut milk for a creamy sauce.

053674 THE STREET FOOD COMPANY Sri Lankan Curry Paste 1kg

Accompaniments

Don't forget those profit boosting extras!



Breads

547113 Round Garlic & Coriander Naan 🌱🌱	1x72
547110 Mini Teardrop Naan Breads 🌱🌱	24x75g
547115 Teardrop Naan Breads 🌱🌱	24x130g



Samosas

591528 Mini Vegetable Samosa 🌱🌱	120x30g
405042 Vegetable Samosas 🌱🌱	60x70g



Chutneys

051855 FERNS Lime Pickle 🌱🌱🌱	1kg
051897 GEETA'S Premium Mango Chutney 🌱🌱🌱	1.5kg
051909 Mango Chutney 🌱🌱🌱	2.4kg

Pizza the action

New halal pizza toppings



With halal products making up 15% of the nation's meat sector and rapid growth driven by health-conscious, ethical customers, these Halal pizza toppings are a must-have to boost customer trust, drive sales, and keep your menu ahead, one delicious slice at a time!

302133 DOUGHBOYS 11" Classic Margherita Pizza	1x18
300303 Shredded Mozzarella	2kg
DV0052 Basil	100g
021744 12" Pizza Box - Kraft	50x



134695 Halal Tandoori Chicken - 1kg



134696 Halal Spicy Diced Chicken - 1kg



134714 Halal Spicy Beef Diced - 1kg



134730 Halal Sliced Beef Pepperoni - 1kg

Fish swap

Sustainable alternatives

Pollock's having a bit of a moment, and for good reason. It's a brilliant swap for haddock or cod—lighter on the wallet and far kinder on the oceans. With cod stocks under pressure, choosing pollock means you're cooking with a fish that's more sustainable, affordable, and just as tasty. Trust us, once you've tried it, you won't look back.

350106 MSC Large Pollock Fillets (170-200g)	15ptn	056906 Capers	1.5kg
215023 SYSCO CLASSIC 9/16" Fries (14x14mm)	4x2.5kg	051006 CENTAUR Vinegar de Cidre (Cider)	750ml
055641 MIDDLETON Prestige Batter Mix	3.5kg	054678 TATE & LYLE Golden Caster Sugar	1kg
208010 GREENS Choice Peas	2.5kg	052811 Cornish Sea Salt - Tub	1.5kg
056375 GOMO Semi-Dried Cherry Tomatoes in Oil	750g	052689 SYSCO CLASSIC Whole Coriander Seeds	270g
055495 KUHNE Whole Pickled Gherkins (Jar)	2.45kg	056428 Star Anise	150g

Three quick ideas to premiumise your fish

Quick Pickled Onions

Thinly slice red onion then salt and rest. Cover with cooled cider vinegar spiced with coriander seeds, star anise, bay leaf, plus a touch of sugar, for a tangy, crunchy topping.

Homemade Tartar Sauce

Mix shallot, gherkin, capers, parsley, mayo and paprika together for a fresh, zesty dip.

Pea and Tomato Salad

Toss par-boiled peas with red onion and semi-dried tomatoes for a simple, colourful side.



Chef's Tip
Replace sun dried tomatoes with crispy diced chorizo in the peas to add a little heat.

Take it away now...

Looking to spice up your grab-and-go offering? These three on-trend recipes are a hit with students and perfect for sporty crowds—think Korean popcorn chicken, bao buns, and zingy sourdough pittas. Whether for quick school lunches or a crowd-pleasing pub menu, they keep taste buds happy and queues moving!

Take away the waste

Notpla Food Boxes are fully recyclable, home-compostable, and plastic-free, featuring a natural seaweed coating that resists oil and grease. They offer guilt-free waste disposal, keep your business compliant with EU rules, and contribute to healthier soil, not landfill.



022061	NOTPLA Food Box 1250ml	1x250
022062	NOTPLA Food Box 1800ML	1x220
022063	NOTPLA Open Food Box 300ml	1x250
022065	NOTPLA Hot Dog Clamshell 8x3	1x250
022066	NOTPLA Ice Cream Spoon	1x1000
022064	NOTPLA Burger Clamshell 5"	1x200



Street Style Plant-based Hoisin Duck Bao

Defrost your Planted Hoisin Duck and bao buns, then whip up a quick Asian slaw with cabbage, carrot, spring onion and coriander, tossed in a punchy sesame-soy dressing. Fry the duck with extra hoisin, steam the buns, then fill with slaw, duck, and a sprinkle of chilli, nuts and coriander.

251170	Planted Hoisin Duck	2kg
540166	Hirata (Bao) Buns	60x
59306	MR FILBERT'S Dry Roasted Peanuts	1.5kg
DV0013	White Cabbage	1x
DV0009	Spring Onion	1x
DV0021	Carrot (Medium)	1kg
51217	Rice Vinegar	500ml
56609	100% Pure Canadian Maple Syrup	620g
53690	KIKKOMAN Tamari Gluten Free Soy Sauce	1ltr
53160	LEE KUM KEE Hoi Sin Sauce	2x2.45kg



Korean Style Popcorn Chicken

Start by whisking up a quick sauce with garlic, ketchup, soy, ginger, vinegar and gochujang, then toss in pineapple and spring onion. Fry cornflour-coated chicken until crisp, stir it through the sauce and pile onto rice. Finish with chilli, spring onion and sesame.

032072	SYSCO ESSENTIALS Chicken Thighs	5kg
052656	SYSCO CLASSIC Garlic Powder	500g
052811	Cornish Sea Salt - Tub	1.5kg
054710	CHEF WILLIAM Cornflour	3.5kg
052485	HEINZ Tomato Ketchup	2.15ltr
053720	KIKKOMAN Tamari Gluten Free Soy Sauce	1ltr
DV0051	Ginger	300g
051217	Rice Vinegar	500ml
053667	Gochujang Paste	575g
DV0087	Pineapple	1
DV0009	Spring Onion	1
070366	SCHWARTZ Sesame Seeds	480g



Mediterranean Chimichurri Chicken Pitta

Marinate chicken in chimichurri, bake until juicy, then pile it into warm pittas with a spread of houmous. Add a fresh tomato, cucumber, onion, and dill salad, then top with the chicken, a scatter of feta, a spoon of tzatziki, and a sprinkle of pomegranate for a vibrant finish.

547133	MISSION Sourdough Pitta	5x24
013782	SYSCO Red Pepper Houmous	1kg
032072	SYSCO ESSENTIALS Chicken Thighs	5kg
053671	THE STREET FOOD COMPANY Chimichurri Herb Pesto	1kg
013785	SYSCO Tzatziki	1kg
DV0035	Cherry Tomatoes	250g
DV0036	Yellow Cherry Tomatoes	250g
DV0039	Cucumber	1
DV0010	Red Onion	2.5kg
DV0106	Fresh Dill	100g
044112	YAMAS! Greek Feta Cheese	200g

Recipes
For all these recipes,
in full scan the code!



Steak out

Three show-stopping menu ideas with our new meat range

We can now supply quality fresh and chilled meat at a great price on your usual order. Our range includes daily staples such as our prepared poultry right through to premium 28 day aged primals and steaks. Here we've given some simple recipe twists to some all-time customer favourites, so tuck in!

Teriyaki Sirloin Steak

Marinate the steak in teriyaki sauce overnight. Cook rice until tender, cool, then mix with seasoned rice vinegar. Prepare wasabi mayonnaise, cook edamame, and slice spring onion, carrot, and avocado. Pan-fry steak, rest, and slice. Arrange rice in a bowl, with vegetables and top with steak. Finish with warmed teriyaki sauce, wasabi mayonnaise, and sesame seeds.

032560 Sysco Classic Sirloin Steak	2x5x227g	208145 GREENS Edamame (Soy) Beans	1kg
053699 NIHON SHOKKEN Teriyaki Sauce	2kg	DV0021 Carrots (Medium)	1kg
056648 RISO VIGNOLA Sushi Rice	1kg	DV0009 Spring Onion	1
051217 Rice Vinegar	500ml	056647 Wasabi Paste	43g
051193 KENTISH OILS Garlic & Herb Infused Cold Pressed Rapeseed Oil	250ml	051660 SYSCO Real Mayonnaise	10ltr
DV0002 Avocado	2	070336 SCHWARTZ Sesame Seeds	480g



Fillet Steak with a Blue Cheese sauce

This method begins with preparing clarified butter infused with thyme and garlic. Potatoes are then sliced, layered with butter, baked, pressed, and chilled overnight before cutting into portions. A blue cheese demi-glace sauce is made, while shallots are griddled and kale lightly steamed. Then, the fillet steak is cooked to preference and rested, the potato wedge is deep-fried until golden, and the dish is plated with steak beneath kale, alongside the shallots, potato, and sauce.

149280 Sysco Classic Fillet Steak	2x5x170g
040932 KINGCOTT Kentish Blue Cheese	1.4kg
050837 MACPHIE Demi Glace Sauce	1ltr
DV0018 Potatoes (Chipping/ Washed) 2	5kg
DV0050 Loose Garlic 3	3
040171 Unsalted Butter	20x250g
DV0132 Fresh Thyme	100g
DV0184 Curly Kale	2kg



Spicy Rump Steak Tortilla Bowl

Marinate steak in fajita rub for at least 30 minutes, then cook to desired doneness and rest. Shape tortillas into bowls using water as glue, bake at 180°C/GM4 for 15 minutes, and reheat if needed. Fill the tortilla bowls with shredded lettuce, guacamole, and salsa. Top with sliced steak then finish with cheese, black olives, and chilli, for a vibrant, flavourful dish combining freshness with spiced, tender meat.

032420 Sysco Classic Rump Steak	2x5x227g
053241 SYSCO CLASSIC Fajita Spice Mix	600g
431577 MISSION 4" Plain Tortillas	12x24
DV0029 Iceberg Lettuce	1
DV0035 Cherry Tomatoes	250g
013783 SYSCO Salsa	1kg
013747 Guacamole	1kg
5009186 Sliced Black Olives	3kg
040297 White Mature Grated Cheddar	1kg
040190 Grated Red Leicester	2kg
DV0066 Red Chillies	250g
DV0074 Limes	6



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057223 Quorn Roast
Joint 8 x 454g

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032556 Birchstead 28 Day
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150358 Portico Premium
Pan-ready Seabass 10 x 250-305g

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/pk



MUTTON

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Leg 1 x 1.5kg

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Slice into the Season Try our new bakes...

PEACH COBBLER CHEESECAKE

Speculoos biscuit base topped with
peach compote, cobbler crumble
and vanilla flavoured cheesecake.
Finished with a layer of peach
compote and more
cobbler crumble.

1 X 14 CUT



MISSISSIPPI MUD CHEESECAKE

Crunchy chocolate biscuit base with a chocolate
cheesecake, topped with a fluffy mascarpone cream
cheese frosting. Finished with a
drizzle of chocolate sauce.

1 X 14 CUT



MINI PLAIN SCONES

Sweet mini scones, glazed with egg
for a golden top.

40 SCONES

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LARGE CHEESE SCONE

Large savoury scones with
Red Leicester and Mature
Cheddar Cheese, and a hint of
cayenne pepper. Topped
with even more cheese
before baking for a crispy
flavoursome finish.

24 SCONES

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BLACKBERRY AND MASCAPONE CAKE

A vanilla flavoured sponge filled
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Covered with a mascarpone and
blackberry icing and finished
with a swirl of blackcurrant jam.

1 X 14 CUT



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VICTORIA SPONGE TRAYCAKE

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and sprinkled with sugar snow.

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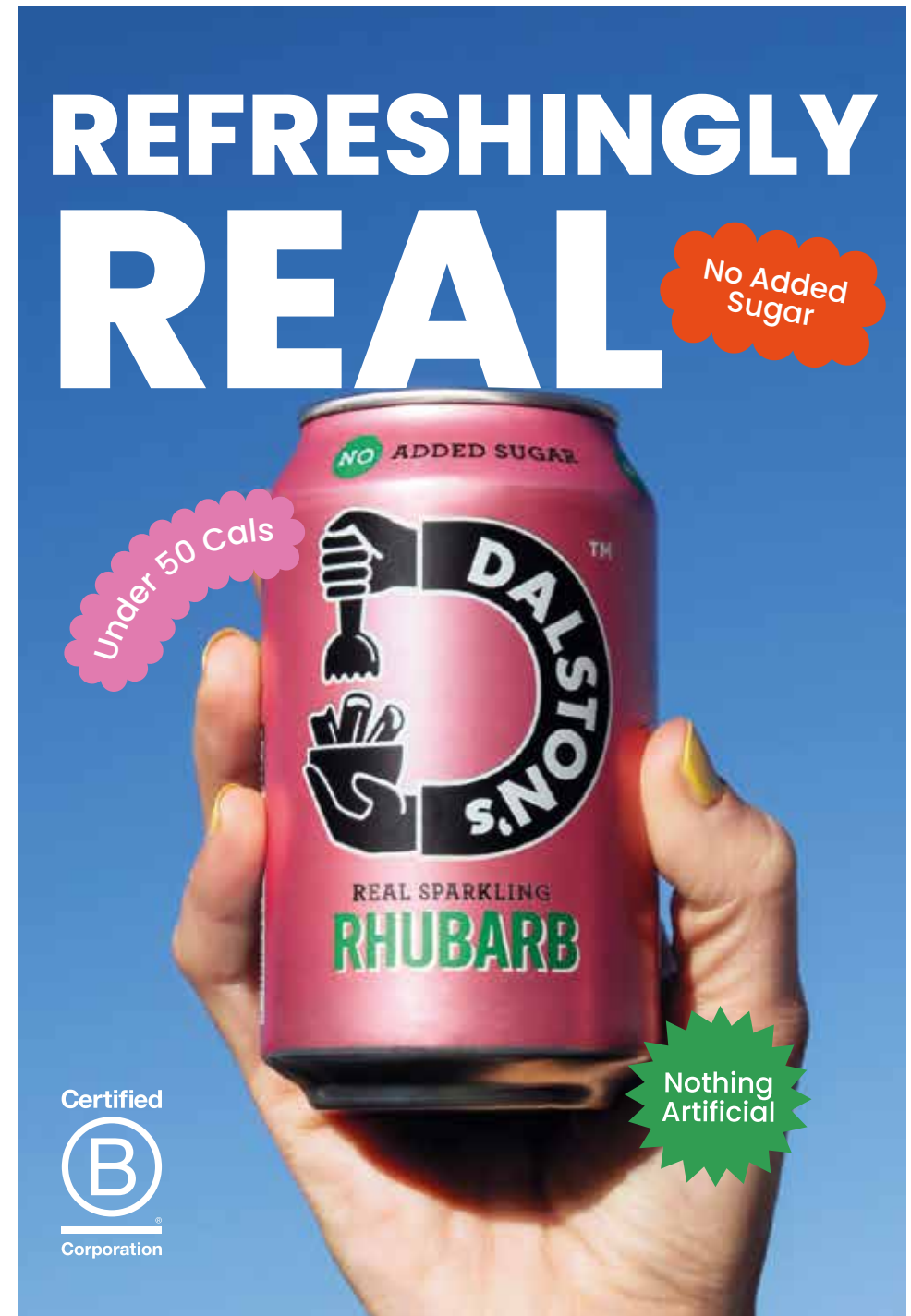


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1: Craft Guild of Chefs product testing of Heinz Beanz, September 2024.

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